



7 Published Clinical Studies, Human, Double Blind, Placebo-Controlled



Activates in 30 Minutes<sup>2</sup>

*18%* 

Increase in Blood Flow Seen in Clinical Study<sup>3</sup>



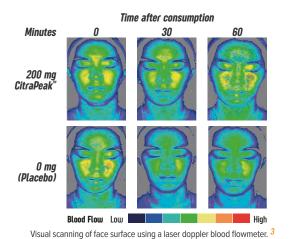
InVitro Study Shows Increase in Nitric Oxide 4\*

# What is CITRAPEAK™?

CitraPeak<sup>™</sup> is the industry's first 100% soluble form of hesperidin, a flavonoid found in citrus fruit peels. Solubility means fast release, allowing the vasodilation and pump effects of hesperidin to shine in pre-workout applications. Derived from orange peels, CitraPeak<sup>™</sup> is clean, near colorless, and near tasteless. A broad body of clinical work supports CitraPeak's<sup>™</sup> effectiveness.¹

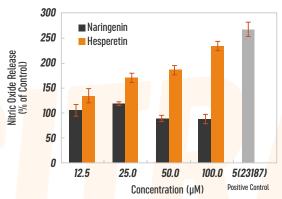
### INCREASE THERMOGENIC EFFECT

Cold condition test - test group 5.4°F warmer (surface temp)<sup>1</sup>
Users report increased sweating at room temperature
Notable difference on dose #1 after 30 minutes



## INCREASE NITRIC OXIDE

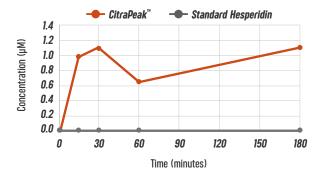
CitraPeak™ is broken down in body into Hesperetin In vitro study (below) shows Nitric Oxide increase caused by Hesperetin<sup>4</sup>



#### \*T<mark>hese cl</mark>aim<mark>s have n</mark>ot been e<mark>valuate</mark>d by the F<mark>DA.</mark>

### TIME RELEASE

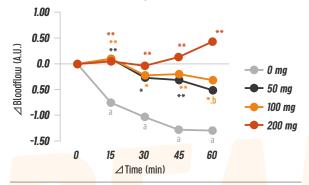
100,000x more soluble than standard hesperidin<sup>5</sup>
Activates in 30 minutes<sup>2</sup>
347x more bioavailable than standard hesperidin from 0-60 min<sup>2</sup>



# INCREASES BLOOD FLOW

18% increase in blood flow vs. control<sup>3</sup>

Dose dependent affect



Test Condition: 24°C, RH55% with test solutions at 24°C, n=12. Subjects minimized their movements during the test period, which reduces facial blood flow. Facial blood flow was measured using a laser doppler blood flowmeter befor and after consuming the test solutions. (\*\* p<0.01, \* p<0.05 vs. placebo, a: p<0.01, b: p<0.10 v. time 0)

Serving Size 200mg
Manufactured by Nagase Group





<sup>1.</sup> K. Yoshitani et al. Effect of a-Glucosylhesperidin on Poor Circulation in Women. Journal of Nutritional Science and Vitaminology 61: 233-239 (2008)

<sup>2.</sup> M Yamada et al. Bioavailability of Glucosyl Hesperidin in Rats. Bioscience Biotechnology and Biochemistry 70(6): 1386-1394 (2006)

<sup>3.</sup> S. Endo. Dietary Glucosyl Hesperidin Improves Blood Flow, Skin Color and Skin Conditions. The Society for the Study of Hesperidin (201

<sup>4.</sup> L Liu et al. Distinct Effects of Naringenin and Hesperetin on Nitric Oxide Production from Endothelial Cells. Journal of Agricultural and Food Chemistry 56: 824-829 (2008)

<sup>5.</sup> H Mitsuzumi et al. Glucosyl Hesperidin Lowers Serum Triglyceride Level in the Rats Fed a High-Fat Diet through the Reduction of Hepatic Triglyceride and Cholesteryl Ester.