

# SNS Inhibit-P: Putting a Halt on Prolactin

written by Mike Roberto | May 9, 2017



Inhibit P by SNS is your ultimate protection from prolactin, which can lead to gyno and inhibit muscle building.

**Prolactin** (luteotropic hormone) is a hormone best known in females for its role in supporting milk production in the body. In *men*, though, high prolactin levels can impair testicular function, which negatively affects the production of testosterone and sperm. To top it off, prolactin is suspected to be a part of the “man-boob” problem, also known as gynecomastia.

In case you couldn't tell, high prolactin levels are a concern for men, particularly those trying to put on muscle. Fortunately, **SNS** has crafted a simple and effective prolactin-inhibiting supplement that's also easy on the wallet.

**Inhibit-P** contains a precisely formulated blend of prolactin control agents to improve mood, increase dopamine, and, most importantly, reduce prolactin levels significantly – keeping milk production where it belongs: with nursing females and away from men!

The full breakdown is just ahead, but first, take a moment to check the best deal and sign up for alerts from PricePLOW:

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## Inhibit-P Ingredients

Need to put the brakes on prolactin in a hurry? Inhibit-P uses three proven ingredients to help halt prolactin production and keep you in pure muscle-building mode.

*Note: Doses listed below are based on 1 serving (1 capsule), which is typically taken twice a day.*

- **Pyridoxal-5-Phosphate (50mg)**

### Supplement Facts:

Serving Size: 1 Capsule

Servings Per Container: 60

Ingredient	Amount per Serving	% DV*
<b>Pyridoxal-5-Phosphate</b> (Bioactive Coenzyme Form of Vitamin B6)	50mg	2,500%
<b>Vitex Agnus Castus (Extract)</b>	300mg	**
<b>Mucuna Pruriens (60% L-Dopa)</b>	150mg	**

**Other Ingredients:** Gelatin, Magnesium Stearate, Silicon Dioxide, Titanium Dioxide, Yellow #5.

\*% Daily Value based on a 2,000 calorie diet

\*\*Percent Daily Value Not Established

Inhibit P uses only the most proven prolactin ingredient in efficacious doses to put the clamps on prolactin proliferation!

Pyridoxal-5-Phosphate (P5P) is the bioactive form of Vitamin B6 (Pyridoxine) that offers better absorption than other forms of the B vitamin. B6 is a vital cofactor in the creation of dopamine, which is the prime inhibitor of prolactin release.[1] As it turns out, P5P has also been shown to be suppress prolactin in its own right.[2]


In addition to inhibition prolactin, P5P supports amino acid metabolism, immune function, brain function, and a number of other critical roles in the body.

- **Vitex Agnus Castus (300mg)**

Also known as *Chasteberry*, Vitex Agnus Castus has a long history of use as a remedy for insufficiency and a number of sexual disorders. Today, researchers have investigated the compound as a means of improving mood and combatting female reproductive disorders. Results of research conducted has shown that Vitex Agnus Castus is a strong inhibitor of prolactin, matching dopamine in its ability to suppress the hormone.[3,4]

Once again, more dopamine means less prolactin,[1] so you can imagine what ingredient comes next:

- **Mucuna Pruriens (150mg)**



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SNS is devoted to only making the highest quality supplements using truly effective doses for maximum results.

Mucuna Pruriens an adaptogenic herb often supplemented to help the body deal with stress. The reason it's so effective at battling stress, is that Mucuna is loaded with L-Dopa, the precursor to dopamine.

L-Dopa easily crosses the blood-brain barrier (BBB) where it can effectively work on your hormones, especially prolactin. Clinical trials have shown that L-Dopa significantly inhibits prolactin release from the anterior pituitary gland.[5,6] This is incredibly beneficial for individuals dealing with elevated prolactin levels.

In addition to inhibiting prolactin release, *Mucuna Pruriens* also impacts other important hormones, particularly *muscle-building* one. Specifically, *Mucuna Pruriens* has been shown to increase testosterone and luteinising hormone (LH).[7]

## Dosing

SNS recommends consuming 1 capsule 1 to 2 times per day, preferably with a meal. If you're seeing an endocrinologist or other doctor regarding your issues, they may have other instructions you should follow.

## Takeaway



Inhibit-P is part of the SNS baseline series which provides all the essentials to build a lean, muscular physique. Build *pecs*, not man-boobs!

Any guy who's had a gyno scare or has seen milk come out of their nipples will tell you, it's not funny. We're supposed to have *pecs*, not boobs. So if this ever happens, Inhibit-P is a *must-try* supplement, on top of whatever other anti-estrogen / aromatase inhibitor gear you decide on. This is why post cycle therapy is so important, and you can read our Post Cycle Therapy guide for more information.

Inhibit-P uses only clinically-backed ingredients to clamp down on prolactin production. Less prolactin yields more testosterone, which translates to improved sleep, increased libido, heightened mood, and bigger gains. But this

one could also “save your pecs’ life”, so remember it if you’re ever coming off cycle.

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