

Primeval Labs MEGA PRE Brings Bigger Pumps (Updated with elevATP)

written by Mike Roberto | March 27, 2018



If you've been following the supplement newswire lately (which includes our YouTube channel), you're well aware of who **Primeval Labs** is and have seen the brand making serious noise around the industry lately.

We've followed their incredible growth over the past few months, releasing such fast movers as the Hurakan fat burner, high-dosed laxogenin in Primavar, and their delicious-tasting amino product EAA Max. And don't forget about EAA Max *Energy* either!

Amidst all of that, the brand has *still* been hard at work developing what may be one of the most heavily-loaded pump pre workouts ever created.

Mega Pre is the brand's new monster pre workout, that's packing it all in full clinical doses, but here's the catch... *there's no stimulants*.

We've got the details on Mega Pre down below, but first, take a second to sign up for price drop alerts and check the best deal with PricePLOW:

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As Seth Feroce would demand, this bad boy is packing some massive doses of the best vasodilating and performance-boosting compounds around, along with a few you've never used before!

Below is what you'll expect with *two* scoops (which gets you *20* two-scoop servings per tub):

- **L-Citrulline (6g)**

Supplement Facts				
Serving Size: 1 Scoop (7.4g) / 2 Scoops (14.8g) Servings Per Container: 40 / 20				
	Per 1 Scoop		Per 2 Scoops	
	Amount	% Daily Value*	Amount	% Daily Value*
L-Citrulline	3 g	†	6 g	†
Betaine Anhydrous	1.5 g	†	3 g	†
Glycerol Powder (standardized to 65% Glycerol)(GlycexPump™)	1 g	†	2 g	†
Choline Bitartrate	500 mg	†	1 g	†
L-Norvaline	150 mg	†	300 mg	†
VasoDrive-AP™ (Isleucyl-prolyl-proline (IPP) and Valyl-prolyl-proline (VPP) from hydrolyzed milk casein)	127 mg	†	254 mg	†
Ancient Peat; Apple Extract (ElevATP®)	75 mg	†	150 mg	†
Toothed Clubmoss (Huperzia serrata) (aerial parts) (standardized to 1% Huperzine A)	50 mcg	†	100 mcg	†

* Percent Daily Values based on a 2000 calorie diet.
† Daily Value Not Established

Other ingredients: Citric Acid, Silicon Dioxide, Natural Flavors, Sucralose, Red #40

Contains: Milk

Directions For MEGA PRE: Take 2 rounded scoops of mega pre in 10-12oz of cold water 15-20 minutes prior to training. Assess tolerance by starting with 1 rounded scoop. Never exceed 2 rounded scoops.

WARNINGS: Read entire label and obtain clearance from a licensed healthcare practitioner before use. This product is to be used by healthy adults only. Do not use if you have or could develop any medical condition or are taking any prescription drugs. Do not use if you are pregnant, nursing, or may become pregnant. Do not use more than the recommended dosage. Discontinue use and consult a physician if any adverse reactions occur. Keep lid tightly closed and in a cool, dry place. As with all supplements, KEEP OUT OF REACH OF CHILDREN AND ANIMALS.

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Updated with elevATP and no more Norvaline, Primeval Labs' Mega Pre Ingredients make for one awesome stim-free pre!

Citrulline is an awesome ingredient for a number of things including muscular ATP efficiency, nitric oxide production, and ,most notably, PUMPS![1-3] The **6g dose of pure L-Citrulline** is impressive and surpasses that of the equally respectable 4.5g dose seen in Primeval's other potent product, the Ape Shit Pre Workout.

Right off the bat, you can see that Mega Pre isn't messing around, and it's going to bring some serious pumps, but there's more pumps headed your way, which we'll get to after our next couple of ingredients.

- **Betaine Anhydrous (3g)**

A metabolite of choline, **betaine** is an excellent muscle and strength-boosting supplement to include in a high performance pre workout. It enhances the body's natural creatine production via the methylation of the amino acid homocysteine. It also enhances cellular hydration due to its other role as an osmolyte. Scientific research has shown numerous times that betaine boosts power, strength, lean mass, and performance.[4,5]

The clinical dose is 2.5g, and Primeval is giving you 500mg *extra* to ensure you've got what you need to maximize creatine production in the body.

When nearly everyone else gets stuck at 1.5g here, Primeval definitely went above and beyond!

- **Glycerpump (2g)**

Primeval Labs is one of the first companies to utilize **GlycerPump**, the industry's first *truly* stable form of 65% glycerol powder that won't clump in the tub or leave gobs on the side of your shaker, like HydroMax and Glycerol Monostearate can from time to time.

Glycerpump offers superior mixability compared to other forms of glycerol and is considerably easier to flavor around than the others too. Having tested this first hand, we can attest that it does mix seamlessly and not have a chalky taste like other heavy glycerol-inclusive pre workouts can.

- **Choline Bitartrate (1g)**



Need a little extra boost to go with your pumps? Stack Mega Pre with Ape Shit also made by Primeval Labs and available in the delicious SMASHBERRY flavor.

Choline is an essential nutrient used by the body in the production of the “learning neurotransmitter” acetylcholine. With greater levels of acetylcholine in the body, you’ll experience heightened focus and concentration along with a stronger mind-muscle connection.

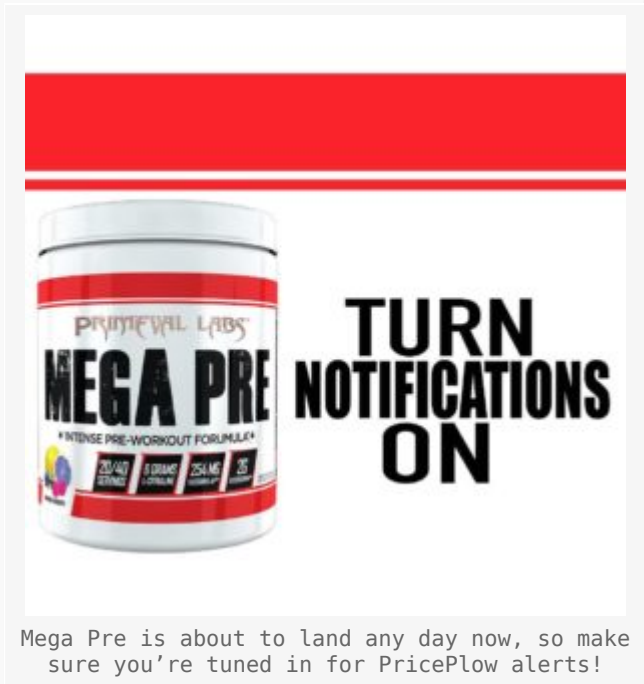
There are many forms of choline supplements on the market, and while the bitartrate form isn’t our favorite, the dose here is significantly greater than you’ll get in virtually any other pre workout, and will still increase levels of choline in the body,[6,7] making for superior focus during training.

- **L-Norvaline (300mg)**

L-Norvaline is a derivative of the BCAA *Valine* and potent inhibitor of arginase, the enzyme that degrades arginine in the body. Being that arginine is the precursor to nitric oxide production, having less of it circulating around spells bad news for increased blood flow and pumps. Fortunately, norvaline puts the clamps on arginase, providing unrestricted nitric oxide production that yields superior blood flow, vascularity, and pumps.[8]

The dose here is even greater than the sizeable 200mg dose included in Adrenal Rush V2, meaning you’ll definitely have some long-lasting pumps with Mega Pre.

- **VasoDrive-AP (254mg)**



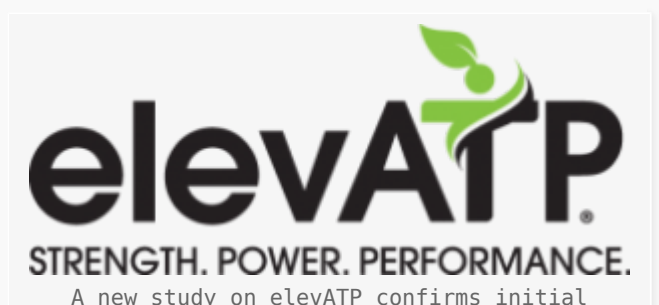
One of the newest, and underutilized, pump ingredients on the market is VasoDrive-AP. Sold and distributed by Maypro[9], VasoDrive-AP is a research-backed, proprietary ingredient derived from casein produced through a patented fermentation and enzymatic process. This unique process yields two tripeptides, *Valyl-Prolyl-Proline (VPP)* and *Isoleucyl-Prolyl-Proline (IPP)*, which have the remarkable effect of inhibiting *angiotensin converting enzyme (ACE)*.

In case you weren't aware, ACE causes *vasoconstriction*, which reduces blood flow, decreases nutrient and oxygen delivery, and ultimately decreases your performance, the exact opposite of what you want while training! **VasoDrive-AP stops ACE dead in its tracks**, promoting greater vasodilation, blood flow, and PUMPS! It also helps lower blood pressure too![6-8,10]

Don't worry about being lactose intolerant and consuming this ingredient either, as VasoDrive-AP contains < 0.05% lactose.

- **Ancient Peat Apple Extract (*elevATP*) (150mg)**

2018 Update: elevATP has replaced D-Ribose in the MegaPRE formula!



projections of the ingredient as a true all-natural athletic performance enhancer, and it does so... by elevating ATP levels![11]

elevATP is a patented ingredient from *FutureCeuticals* that is a specific combination of “ancient peat” (fossilized plants!) and apple extracts. It’s been shown to increase ATP production in the body,[12] which then helps boost energy levels *without* using stimulants!

We covered a study on elevATP where just 150mg dose was shown to increase “intracellular ATP in blood cells”,[11] and that’s exactly the dose we have here in two scoops of MegaPre!

This is a lower-cost competitor to Peak ATP and we’re a big fan of its use.

- **Huperzine A (100mcg)**

To further boost the focus-element of your pre workout experience while on Mega Pre, Primeval Labs has included a solid 100mcg dose of the powerful nootropic **huperzine A**. This nootropic *indirectly* elevates acetylcholine concentrations by inhibiting acetylcholinesterase.[13] Adding huperzine on top of the 1g dose of choline bitartrate should significantly enhance its effectiveness and give very strong focus and concentration.

On the Formula: Why no stims?

“We wanted to develop a well rounded pre workout that was at the top level in pumps, focus, and power. Mega Pre delivers in each category we feel at the top of each class. Stimulants were removed because we felt the benefits without them outweighed the benefits with them. We wanted a true top tier performing pre workout, and we delivered just that.”

– Primeval HQ



Flavors Available

If you've seen our recent EAA Max Reviews on PricePLOW's YouTube channel, you're aware the brand is a leader in flavoring. Launching the pre workout with two flavors, and both taste phenomenal to say the least. Those two flavors again are:

There's also rumors that the brand is developing more flavors and they've definitely continued to deliver that over time, so stay tuned and sign up for alerts below for!

Takeaway

Mega Pre is here, and while we were initially thrown a curveball with the absence of stims, the product is still superior to most other pre workouts on the market when it comes to ingredient dosing. Yes, people love their stims, but caffeine tabs (or coffee) is cheap and can easily be added for those that need a kick to get going. But for those naturally energetic, or who've already had their stims for the day, Mega Pre is delivers everything you want to get the blood flowing during your intense workouts.

If you like massive pumps, gorging veins, and an all around superior pre workout that actually does what a pre workout should, then Mega Pre is can't miss.

Stay tuned for our full review as we're going to be all over this one over time – sign up for alerts and you'll never sleep on a hot deal either!

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