

# Pre-Kaged Elite Gets Even Greater with Glacier Grape

written by Mike Roberto | March 23, 2022

We're two months into the *next evolution of Kaged*, and that means it's been two months of bombastic workouts with **Pre-Kaged Elite**.



Supported by a whopping *10 grams of L-citrulline* paired with *388 milligrams of naturally-sourced caffeine* coming in a monstrous *35 gram scoop*, Pre-Kaged Elite blew the doors off of 2022 right from the start. It's going to be tough to top this formula, and now that the hard work is done, Kaged can bring the *flavor extensions*:

## Pre-Kaged Elite now available in *Glacier Grape*

The third – but hopefully not final – flavor of Pre-Kaged Elite is **Glacier Grape**, which is a popular flavor also available in the award-winning *Hydra-Charge* hydration/flavoring supplement as well as the athletic-based *Pre-Kaged Sport*.

This is the perfect extension to the existing *Fruit Punch* and *Strawberry Lemonade* flavors while team Kaged rolls out the newly-branded tubs of their other supplements. It's covered below, with a recap on the formula. First, make sure you're signed up for our Kaged supplement news alerts since this year will be as massive as this Pre-Kaged Elite formula:

# Kaged Muscle Pre-Kaged Elite – Deals and Price Drop Alerts

## Get Price Alerts

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## What is *Glacier Grape*?

Based on using *Hydra-Charge*, Glacier Grape is a naturally sweet grape flavor system that doesn't go too far in any one direction. It's like a light candy grape flavor system, but since it's naturally developed, it doesn't have *too* much of a candy flavor like many other supplements use. It's more realistic, yet it's still not a grape juice flavor either.

To us, Glacier Grape is best considered a refreshingly light, more realistic candy flavor.

## What's in Pre-Kaged Elite?

For a full recap of Pre-Kaged Elite and its backstory, see our article titled *Pre-Kaged ELITE: The Next Evolution in Pre-Workout Supplements*. Below is a synopsis of the ingredient profile, with a 35 gram scoop highlighted by 10 grams of citrulline and 388 milligrams of caffeine:

# Supplement Facts

Serving Size: 1 Scoop (35.3 g)  
Servings Per Container: about 20

	Amount per serving	% Daily Value
Calories	20	
Total Carbohydrate	2 g	1%†
Total Sugars	1 g	‡
Niacin (as Nicotinamide)	30 mg	188%
Vitamin B6 (as Pyridoxal-5-Phosphate)	35 mg	2059%
Vitamin B12 (as Methylcobalamin)	1000 mcg	41667%
Magnesium (as Magnesium Citrate)	65 mg	15%
Sodium (as Pink Himalayan Sea Salt)	280 mg	12%
Potassium (as Coconut Fruit Water Powder, Potassium Citrate, and Dipotassium Phosphate)	250 mg	5%
<b>PUMP &amp; PERFORMANCE</b>		
L-Citrulline	10000 mg	‡
Beta Alanine (as Carnosyn®)	3200 mg	‡
Creatine Monohydrate (as CreaClear™)	3000 mg	‡
Creatine Nitrate (N03-T™)	2000 mg	‡
<b>POWER &amp; BURN</b>		
Betaine Anhydrous (as BetaPower®)	2500 mg	‡
Carnipure® (L-Carnitine Tartrate)	1500 mg	‡
<b>CELLULAR HYDRATION &amp; ATP AMPLIFIER</b>		
Taurine	2000 mg	‡
Coconut Fruit Water Powder	500 mg	‡
elevATP® (Ancient Peat and apple fruit extract)	150 mg	‡
<b>ENERGY &amp; FOCUS</b>		
L-Tyrosine	2500 mg	‡
Caffeine (Iron PurCel® caffeine from organic green coffee bean and AmaTea® Guayusa (Nes guayusa) Leaf Extract)	388 mg	‡
Alpha-GPC (Alpha-Glycerol Phosphoryl Choline 50%) (as AlphaSue™)	300 mg	‡
AmaTea® (Guayusa (Nes guayusa) Leaf Extract)	100 mg	‡
Huperzia serrata (whole herb) extract (1% Huperzine A)	10 mg	‡

† Percent Daily Values are based on a 2,000 calorie diet.  
‡ Daily Value not established.

**Other Ingredients:** Citric Acid, Natural Flavor, Malic Acid, Silicon Dioxide, Calcium Silicate, Steviol Glycosides, Sucralose, Vegetable Powder (color), Turmeric Root Extract (color).

**Contains: Tree Nuts (Coconut)**

**Directions:** Mix 1 scoop in 10-12 ounces of cold water. Consume 20-30 minutes before your workout.

**Start with 1/2 scoop to assess tolerance.**

**Do not exceed more than 1 scoop per day.**

The Pre-Kaged Elite Ingredients. This is no joke. Are you ready for the workout of your life?!

## • Pump & Performance

### • L-Citrulline – 10000 mg

*Purpose:* Massive blood flow boosted nitric oxide pumps

### • Beta Alanine (as Carnosyn) – 3200 mg

*Purpose:* Muscular endurance

### • Creatine Monohydrate (as CreaClear) – 3000 mg

*Purpose:* Increased ATP production for power, muscle mass, performance, cognition, and far more

### • Creatine Nitrate (N03-T) – 2000 mg

*Purpose:* Increased nitric oxide production

- **Power & Burn**

- **Betaine Anhydrous (as BetaPower) – 2500 mg**

*Purpose:* Cellular hydration for power, and performance

- **L-Carnitine Tartrate (as Carnipure) – 1500 mg**

*Purpose:* Mitochondrial support for improved fat oxidation

- **Cellular Hydration & ATP Amplifier**

- **Taurine – 2000 mg**

*Purpose:* Hydration for endurance and cognitive support

- **Coconut Fruit Water Powder – 500 mg**

*Purpose:* Hydration with added potassium

- **ElevATP (Ancient Peat and apple fruit extract) – 150 mg**

*Purpose:* ATP generation for improved performance

- **Energy & Focus**

- **L-Tyrosine – 2500 mg**



With a new tagline of "Never Stop Evolving", Kaged Muscle is now KAGED. It's all discussed in episode #058 of the PricePLOW Podcast.

*Purpose:* Increased focus and vigilance

- **Caffeine (from PurCaf caffeine and AmaTea Ilex guayusa) – 388 mg**

*Purpose:* Wakeful energy and strength

- **Alpha-GPC (Alpha-Glycerol Phosphoryl Choline 50%) (as AlphaSize) – 300 mg**

*Purpose:* Cognitive focus

- **AmaTea (Guayusa [Ilex Guayusa] Leaf Extract) – 100 mg**

*Purpose:* Added natural energy

- **Huperzia serrata extract (1% Huperzine A) – 10 mg (providing 100 mcg Huperzine A)**

*Purpose:* Longer-lasting focus support

### • **Added B-Vitamins**

- Niacin (as Niacinamide) – 30 mg (188% DV)
- Vitamin B6 (as Pyridoxal-5-Phosphate) – 35 mg (2059% DV)
- Vitamin B12 (as Methylcobalamin) – 1000 mcg (41667% DV)

### • **Added Minerals**

- Magnesium (as Magnesium Citrate) – 65 mg (15% DV)
- Sodium (as Pink Himalayan Sea Salt) – 280 mg (12% DV)
- Potassium (as Coconut Fruit Water Powder, Potassium Citrate, and Dipotassium Phosphate) – 250 mg (5% DV)

Now *that's* a next-level pre-workout. For more information with over 130 citations attached, see our main **Pre-Kaged Elite** article.

# WELCOME TO THE NEXT EVOLUTION



Welcome to the *Evolution*. Kaged Muscle is now known as **Kaged**, and they're kicking 2022 off in truly *Elite* fashion...

## Other Flavors Available

Grape not your jam? See the other flavors sold by Kaged:



As always, Kaged stays true to their mission:

- Transparent dosing
- Third-party lab tests
- Natural colors and flavors

## Kaged bucks the trend, then doubles down again

If you're looking for an explosive pre-workout that's compliant and safe for drug-tested athletes, Pre-Kaged Elite is simply phenomenal. This one's not exactly best for *sport* applications – you'll get far too pumped – it's for *gym beasts*. If you need less pumps, Pre-Kaged or Pre-Kaged *Sport* are the better options. But if you haven't tried 10 grams of citrulline with all kinds of other goodies, then this has to be on your bucket list, and some point soon!

While everyone else has been lowering citrulline doses, Kaged went ahead, stocked up, and *increased* them... and then they put out even *more* tubs in a great new flavor! This is how you show the industry who's boss and who's playing for keeps in 2022.

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