Pre-Kaged Elite Gets Even Greater with Glacier Grape

written by Mike Roberto | March 23, 2022

We're two months into the next evolution of Kaged, and that means it's been two months of bombastic workouts with Pre-Kaged Elite.



and refreshing *Glacier Grape* flavor system!

Supported by a whopping 10 grams of L-citrulline paired with 388 milligrams of naturally-sourced caffeine coming in a monstrous 35 gram scoop, Pre-Kaged Elite blew the doors off of 2022 right from the start. It's going to be tough to top this formula, and now that the hard work is done, Kaged can bring the flavor extensions:

Pre-Kaged Elite now available in *Glacier Grape*

The third — but hopefully not final — flavor of Pre-Kaged Elite is **Glacier** Grape, which is a popular flavor also available in the award-winning Hydra-Charge hydration/flavoring supplement as well as the athletic-based Pre-Kaged Sport.

This is the perfect extension to the existing Fruit Punch and Strawberry Lemonade flavors while team Kaged rolls out the newly-branded tubs of their other supplements. It's covered below, with a recap on the formula. First, make sure you're signed up for our Kaged supplement news alerts since this year will be as massive as this Pre-Kaged Elite formula:

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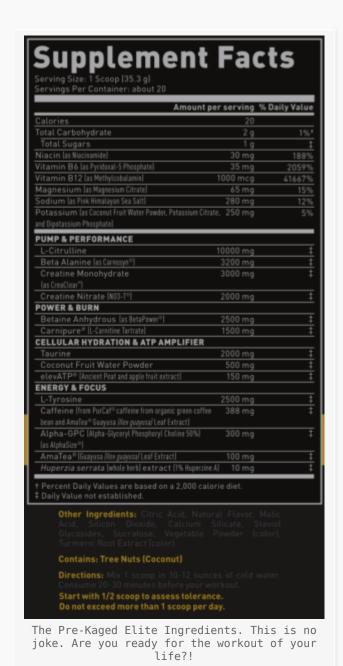
What is *Glacier* Grape?

Based on using *Hydra-Charge*, Glacier Grape is a naturally sweet grape flavor system that doesn't go too far in any one direction. It's like a light candy grape flavor system, but since it's naturally developed, it doesn't have *too* much of a candy flavor like many other supplements use. It's more realistic, yet it's still not a grape juice flavor either.

To us, Glacier Grape is best considered a refreshingly light, more realistic candy flavor.

What's in Pre-Kaged Elite?

For a full recap of Pre-Kaged Elite and its backstory, see our article titled Pre-Kaged ELITE: The Next Evolution in Pre-Workout Supplements. Below is a synopsis of the ingredient profile, with a 35 gram scoop highlighted by 10 grams of citrulline and 388 milligrams of caffeine:



Pump & Performance

• L-Citrulline — 10000 mg

Purpose: Massive blood flow boosted nitric oxide pumps

• Beta Alanine (as Carnosyn) — 3200 mg

Purpose: Muscular endurance

• Creatine Monohydrate (as CreaClear) — 3000 mg

Purpose: Increased ATP production for power, muscle mass, performance, cognition, and far more

• Creatine Nitrate (NO3-T) — 2000 mg

Purpose: Increased nitric oxide production

Power & Burn

• Betaine Anhydrous (as BetaPower) — 2500 mg

Purpose: Cellular hydration for power, and performance

• L-Carnitine Tartrate (as Carnipure) — 1500 mg

Purpose: Mitochondrial support for improved fat oxidation

• Cellular Hydration & ATP Amplifier

• Taurine - 2000 mg

Purpose: Hydration for endurance and cognitive support

• Coconut Fruit Water Powder — 500 mg

Purpose: Hydration with added potassium

• ElevATP (Ancient Peat and apple fruit extract) - 150 mg

Purpose: ATP generation for improved performance

Energy & Focus

• L-Tyrosine — 2500 mg



Purpose: Increased focus and vigilance

• Caffeine (from PurCaf caffeine and AmaTea Ilex guayusa) — 388 mg

Purpose: Wakeful energy and strength

Alpha-GPC (Alpha-Glyceryl Phosphoryl Choline 50%) (as AlphaSize) — 300 mg

Purpose: Cognitive focus

• AmaTea (Guayusa [Ilex Guayusa] Leaf Extract) - 100 mg

Purpose: Added natural energy

 Huperzia serrata extract (1% Huperzine A) — 10 mg (providing 100 mcg Huperzine A)

Purpose: Longer-lasting focus support

Added B-Vitamins

- Niacin (as Niacinamide) 30 mg (188% DV)
- Vitamin B6 (as Pyridoxal-5-Phosphate) 35 mg (2059% DV)
- Vitamin B12 (as Methylcobalamin) 1000 mcg (41667% DV)

Added Minerals

- \bullet Magnesium (as Magnesium Citrate) 65 mg (15% DV)
- Sodium (as Pink Himalayan Sea Salt) 280 mg (12% DV)
- Potassium (as Coconut Fruit Water Powder, Potassium Citrate, and Dipotassium Phosphate) — 250 mg (5% DV)

Now that's a next-level pre-workout. For more information with over 130 citations attached, see our main **Pre-Kaged Elite** article.



Welcome to the Evolution. Kaged Muscle is now known as Kaged, and they're kicking 2022 off in truly Elite fashion...

Other Flavors Available

Grape not your jam? See the other flavors sold by Kaged:



As always, Kaged stays true to their mission:

- Transparent dosing
- Third-party lab tests
- Natural colors and flavors

Kaged bucks the trend, then doubles down again

If you're looking for an explosive pre-workout that's compliant and safe for drug-tested athletes, Pre-Kaged Elite is simply phenomenal. This one's not exactly best for *sport* applications — you'll get far too pumped — it's for *gym beasts*. If you need less pumps, Pre-Kaged or Pre-Kaged *Sport* are the better options. But if you haven't tried 10 grams of citrulline with all kinds of other goodies, then this has to be on your bucket list, and some point soon!

While everyone else has been lowering citrulline doses, Kaged went ahead, stocked up, and *increased* them... and then they put out even *more* tubs in a great new flavor! This is how you show the industry who's boss and who's playing for keeps in 2022.

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