

The Pitbull Labs Pre Workout: Energy and Focus with Bite

written by Mike Roberto | January 22, 2018

2019 Update: Pitbull Labs unfortunately went dormant for a while, but rumors are that they're coming back... stay tuned and sign up for our Pitbull Labs News alerts to learn when they're officially back!



Pitbull Labs Pre Workout is rocking some incredibly packaging to match an extremely well-dosed energy and focus fueled Pre Workout supplement.

There's been a new brand on the scene that's got open labels, well-dosed products, and some of the *coolest* branding we've seen in a while. It's none other than **Pitbull Labs** – and their bite backs up their bark in more ways than one.

The brand is leading the new age of companies that are looking to do things the right way from inception, bringing solid formulations that aren't reliant on a few exotic ingredients that will inevitably get banned. For their introductory feature on the PricePLOW blog, we highlight their barking-good pre workout, simply titled the **Pitbull Labs Pre Workout**.

We've got more details ahead, but first make sure to check the best deal and sign up for alerts from PricePLOW. You can also check **Pitbull-Labs.com** to compare against our coupons:

Pitbull Labs Pre-Workout – Deals and Price Drop Alerts

Get Price Alerts

Get Pre-Workout Price Alerts Get Pitbull Labs alerts Get Pre Workout Supplements price drops

Also get hot deal alerts

No spam, no scams.

Disclosure: PricePLOW relies on pricing from stores with which we have a business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

Pre Workout Ingredients

Pitbull Labs has crafted a pre workout that's all about the energy and focus. Sure, some of you are probably wondering where the pumps are in this pre workout. You'll get your pumps from Pitbull Labs in there soon to be released stim-free pump supplement. This dog is all about getting you in the training zone and building some muscle and endurance.

- **Betaine Anhydrous (2.5)**

SUPPLEMENT FACTS		
Serving Size: 1 Scoop (11.2g)		
Serving Per Container: 25		
Amount Per Serving		% Daily Value
Betaine Anhydrous	2.5g	**
Beta Alanine	2.4g	**
Taurine	2.0g	**
N-Acetyl-L-Tyrosine	1.5g	**
DMAE Bitartrate	850 mg	**
Theacrine (as TeaCrine® 40% Tasteless)	315 mg	**
Vitamin C (as Ascorbic Acid)	250 mg	417%
Dicaffeine Malate (as Infinergy™)	155 mg	**
Caffeine Anhydrous	135 mg	**
Higenamine	50 mg	**
Rauwolfia vomitoria [Root Bark] (Std. to 90% Rauwolscine)	1 mg	**
Vitamin B12 (as Methylcobalamin)	20 mcg	333%

* (DV) Daily Value based on a 2000 calorie diet.
** Daily Value not established

Pitbull Labs Pre is a performance-boosting pre workout turbocharging your energy and focus.

A valuable ergogenic, betaine is commonly added to pre workouts, post workouts and other muscle-building supplements for its ability to enhance cellular hydration and endogenous creatine production. Studies have shown that betaine improves strength and power in athletes, most likely due to the increased creatine in the muscle.[1]

Here, you're getting the full daily dose of creatine as shown effective in the research studies.

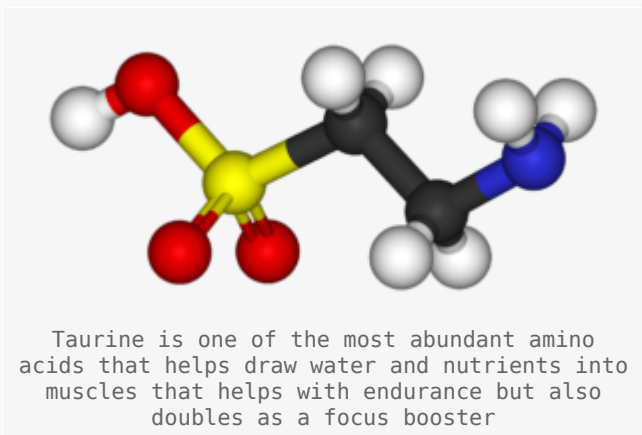
- **Beta Alanine (2.4)**

Beneficial for endurance athletes and lifters who like to work with extended time under tension sets, beta alanine is a proven commodity in the supplement game. It's versatile and effective for all kinds of athletes, from boxers to swimmers.[3]

Beta alanine improves stamina and offsets fatigue by enhancing stores of a powerful intracellular buffer called **carnosine**. [4] This buffer helps prevent muscle pH from dropping too low, preventing that uncomfortable "burning" in your muscles that forces you to stop sets prematurely.

Here you're getting a little under the full daily dose (3.2g) of beta alanine, which is good as beta alanine is best suited to smaller doses spread throughout the day, not all crammed into a single pre workout dose. And this is still an "above-average" dose.

- **Taurine (2g)**



Taurine is one conditionally essential amino that is absolutely essential during intense training. It improves cellular hydration, focus, and performance due to its multitude of actions in the brain, heart, and skeletal muscles of the body, and the dose here is perfect.[4,5]

At 2g, you're getting about double the amount you'll find in other pre workouts on the market.

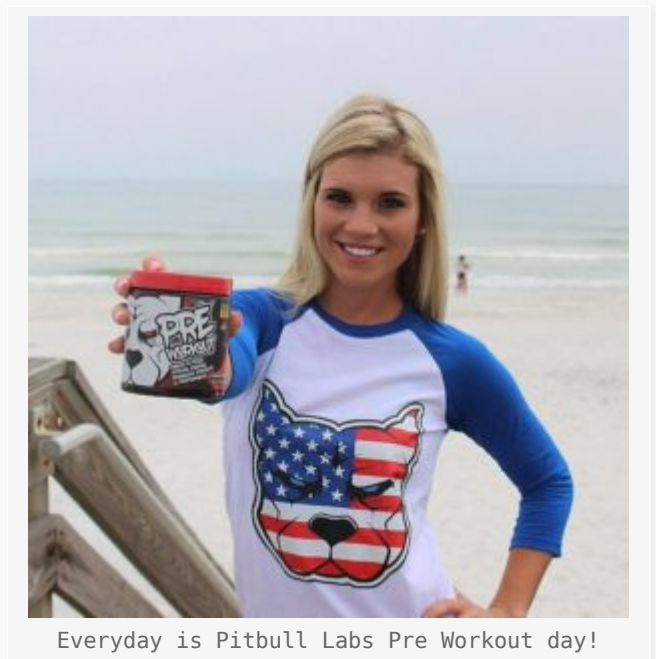
- **N-Acetyl L-Tyrosine (1.5g)**

Nice! Now here's a large whopping dose of N-Acetyl L-Tyrosine.

Abbreviated as *NALT*, N-Acetyl L-Tyrosine is an acetylated version of the amino acid **L-Tyrosine**, which is a valuable amino used to enhance production of the valuable neurotransmitters / catecholamines dopamine, adrenaline, and noradrenaline.[6] Although this form is more water-soluble, it's not necessarily better absorbed, as we've pointed out in our post, L-Tyrosine vs. N-Acetyl L-Tyrosine: A Tale of Two Tyrosines.

Thing is, while we've seen large doses of regular L-Tyrosine, it's rare that we see this large of a dose of *N-Acetyl* L-Tyrosine. Regardless of your preferred form, this is quite an impressive amount and should contribute to some of the strong focus you'll feel in Pitbull Labs Pre Workout.

- **DMAE Bitartrate (850mg)**



Everyday is Pitbull Labs Pre Workout day!

DMAE is a naturally-occurring substance in the brain that's derived from choline. It's thought to improve acetylcholine production and prevent cognitive decline by reducing accumulation of the "age pigment" in the brain. Research is mixed as to whether it actually enhances acetylcholine production.[7,8,9]

DMAE is an OK "bonus" nootropic for us, but we'd actually like some Alpha GPC or CDP-Choline here as well. Where we like this a lot is that it's *another* high-dose. The last few supplements we've seen with DMAE had about 125mg – 300mg. This is 3x that range!!

So if you want to know if you can feel a *real* dose of DMAE, give the Pitbull Pre Workout a shot.

- **Teacrine 40% (315mg)**

Pitbull isn't pulling any punches when it comes to dosing their TeaCrine. They've gone and included a full 315mg dose of the Tasteless TeaCrine, which provides 40% theacrine yielding **126mg theacrine**. This is the full clinical dose used in some of the latest research showing the synergism between it and caffeine for long-lasting energy and increased effectiveness.[10]

"So anecdotally some people haven't been convinced by Teacrine, and as it's a very expensive, patented ingredient its also convenient not to have it in a formula... However before the 40% extract became available, it was impossible to get anywhere near the clinical 125mg dose in a powder because the taste was just too bitter and frankly disgusting. Like drain cleaner bad. I think 75mg was the highest anyone had gone in powder form. We dosed it at 315mg of the 40% extract, which brings you in at circa 126mg of active teacrine. We use this as it definitely helps deliver a longer, cleaner energy and also has non-habitualizing properties – essentially your body doesn't build up a tolerance like say to caffeine or DMHA etc. It also helps deliver the no-crash / jitters experience we were trying to deliver. I want to feel better after I work out, not feel like an autistic zombie."

- **Infinergy Dicafeine Malate (155mg)**

Providing the two-headed caffeinated attack for Pitbulls Pre Workout is Infinergy. This slower-acting form of caffeine provides a steady, sustained release of energy that couples with the next more aggressive, faster acting form of caffeine.

Note that Infinergy supplies 73% caffeine by mass, yielding 113.15mg of caffeine, which get added to the faster acting form of caffeine up next...

- **Caffeine Anhydrous (135mg)**

Providing the immediate surge in energy that you get from Pitbull Pre is 135mg of caffeine anhydrous, a.k.a. pure powdered energy. This brings the *total* caffeine payload of this pre workout to **248.15mg per serving**. Plenty to get you going and keep you going during and after your training session.

Why two forms of caffeine?

"we used a blend of anhydrous and the Infinergy brand malic acid bonded caffeine for a net caffeine content of 251 mg per serving. We used this blend to help prevent the "caffeine crash" associated with straight caffeine and deliver a smoother, more consistent feeling. We also kept the total caffeine content down as too much can cause vasoconstriction, and let's be honest most of us are already highly caffeinated individuals! That being said I am being pushed for a "stim bomb" product by numerous customers, so we are working on something stronger."

- **Higenamine (50mg)**



Looking for clinically dosed energy, focus, and pumps? Stack Pitbull Labs Pre and The Pump for the ultimate 1-2 punch.

A prominent beta-2 agonist, higenamine is a compound found in Lotus Leaf (*Nelumbo Nucifera*) that adds some extra bite to the energy of Pitbull Pre along with additional fat burning benefits. Don't be surprised if you experience some easier breathing (and a bit of extra warmth during your training either, as higenamine also acts as a bronchodilator and is well known as a strong thermogenic.[11,12]

Note: For you drug-tested athletes, higenamine was banned by WADA in 2017, and is still a no-no here in 2018.

- **Rauwolfia Vomitoria (1mg)**

To finish off this pre workout cocktail of neurological boosters is rauwolfia vomitoria, a plant rich in *rauwolscine*, a.k.a. Alpha-yohimbine. Here, the extract is standardized to 90% alpha-yohimbine, which means you're getting **0.9mg** alpha-Y in each scoop, just enough for a bit of edge to your energy without giving you the cold sweats, feverish, or sick feeling common with doses higher than 3mg of the hard-hitting stimulant.

*"We used Rauwolfia vomitoria, standardized to 90% rauwolscine. This is the alkaloid that gives it the real kick, and for me is my favorite of all the alpha adrenergic receptors. It's actually stronger than yohimbine but has much less negative side effects (think sweats / chills / nausea etc) and for me gives the formula enough bite to take it out of a purely "feel good focus" experience and into a **'lets throw some heavy shit around'**."*

On the Formula

"Pitbull Pre was always designed to be stacked alongside our pump powder, "The Pump". Unfortunately due to cost, it is impossible to make a clinically dosed, fully stacked stim / pump pre, it will be too expensive for most retailers / customers etc.

So instead of doing it half arsed and sprinkling a few pump ingredients in to the pre workout, we went exclusively for performance, focus and stimulation.

While on "The Pump" we went for a fully nitric oxide boosting, muscle swelling and vasodilating experience – combining the 2 to give a next level workout, with nitrates being the only thing missing that I personally would want in my stack.

We decided not to use any of the "exotic" or "grey area" stimulants, and as most people are now reformulating and getting largely negative feedback on the new versions, I

stand by that decision – all PBL products will be 100% US compliant, no ambiguities or vagueness.

As well as what's in it, I also like to point out what's not in it – artificial colors or dyes, which are my biggest bugbear in the sports space. The evidence is they are bad for gut health, brain health and carcinogenic.

Ideal Users

“For some people it can become a go to pre, and for the heavy stim users it's a good product to cycle on. Personally I found the sweet spot to be 1.5 scoops for me. For the heavy duty stim users, we are working on a “Stim bomb” pre workout. We listen to what the people tell us!

Flavors Available



Pitbull Labs has debuted their energy and focus-boosting pre workout in two tasty flavors:

- **Blue Raz**
- **Cherry Limeade**

Takeaway

If you've been following PricePLOW on Facebook, you have probably seen comments

from *Sam Strange*. That's the founder of Pitbull Labs, and it looks like they're doing some great stuff *beyond* supplements, like sponsoring rescued pitbulls. We love this kind of stuff!!

So make no bones about it, Pitbull Labs hit the scene with a certified home run of a pre workout. It provides plenty of stimulants, ergogenics, and nootropics to get you in the zone all workout long – *without* jumping into the “next exotic stimulant” fray. This is a formula that can stick around forever, and if it works as well as we think it will, it *should*.

From the even mix of slow and fast releasing energy to the sustained focus, you'll have no trouble getting primed for you weight room showdown, like a true Pitbull.

Pitbull Labs Pre-Workout – Deals and Price Drop Alerts

Get Price Alerts

Get Pre-Workout Price Alerts Get Pitbull Labs alerts Get Pre Workout Supplements price drops

Also get hot deal alerts

No spam, no scams.

Disclosure: PricePlow relies on pricing from stores with which we have a business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

References

1. Hoffman JR, Ratamess NA, Kang J, Rashti SL, Faigenbaum AD. Effect of betaine supplementation on power performance and fatigue. *Journal of the International Society of Sports Nutrition*. 2009;6:7. doi:10.1186/1550-2783-6-7. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2651845/>
2. Trexler ET, Smith-Ryan AE, Stout JR, et al. International society of sports nutrition position stand: Beta-Alanine. *Journal of the International Society of Sports Nutrition*. 2015;12:30. doi:10.1186/s12970-015-0090-y. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4501114/>
3. Baguet, A et al.; *Journal of Applied Physiology*; “Important role of muscle carnosine in rowing performance;” July 2010;” 2005
4. Pasantes-Morales H, Quesada O, Morán J. Taurine: An Osmolyte in Mammalian Tissues. In: Schaffer S, Lombardini JB, Huxtable RJ, eds. *Taurine 3: Cellular and Regulatory Mechanisms*. Boston, MA: Springer US; 1998:209-217. doi:10.1007/978-1-4899-0117-0_27. https://link.springer.com/chapter/10.1007/978-1-4899-0117-0_27
5. Seidl R, Peyrl A, Nicham R, Hauser E. A taurine and caffeine-containing drink stimulates cognitive performance and well-being. *Amino Acids*. 2000;19(3-4):635-642. <https://pubmed.ncbi.nlm.nih.gov/11140366>
6. Smith ML, Hanley W, Clarke J, et al. Randomised controlled trial of tyrosine supplementation on neuropsychological performance in phenylketonuria. *Archives of Disease in Childhood*. 1998;78(2):116-121. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1717450/>
7. Lewis J.A, Young R. “Deanol and methylphenidate in minimal brain dysfunction.” *Clinical Pharmacology and Therapeutics*. 1975 May;17(5):534-40.

8. Zahniser NR, Chou D, Hanin I. Is 2-dimethylaminoethanol (deanol) indeed a precursor of brain acetylcholine? A gas chromatographic evaluation. *J Pharmacol Exp Ther.* 1977;200(3):545-559.
9. Jope R.S., Jenden D.J. "Dimethylaminoethanol (deanol) metabolism in rat brain and its effect on acetylcholine synthesis." *Journal of Pharmacology and Experimental Therapeutics.* 1979 Dec;211(3):472-9.
10. He Hui, Ma Dejian, Crone Laura Brooks, Butawan Matthew, Meibohm Bernd, Bloomer Richard J., and Yates Charles R.. *Journal of Caffeine Research.* September 2017, 7(3): 95-102. <https://doi.org/10.1089/jcr.2017.0006>
11. Zhang N, Lian Z, Peng X, Li Z, Zhu H. Applications of Higenamine in pharmacology and medicine. *J Ethnopharmacol.* 2017;196:242-252. doi:10.1016/j.jep.2016.12.033.
12. Kato E, Kimura S, Kawabata J. Ability of higenamine and related compounds to enhance glucose uptake in L6 cells. *Bioorg Med Chem.* 2017;25(24):6412-6416. doi:10.1016/j.bmc.2017.10.011.