

PEScience Select Vegan Protein Amazing Mint Chocolate!

written by Mike Roberto | November 1, 2020



At the end of October, **PEScience** brought back a limited supply of their seasonal favorite, **Peppermint Bark Select Protein**. Select Protein is PEScience's dairy-based protein powder that uses a blend of whey protein concentrate and milk protein isolate. So it's not vegan-friendly and it does contain a small amount of lactose. For anyone who follows a plant-based diet or is lactose intolerant, PEScience offers an alternative protein powder – **Select Vegan Protein**. Up until this point, PEScience released two mint and chocolate flavored proteins for Select Protein, including Chocolate Mint Cookie and limited edition Peppermint Bark.

This left customers wondering if PEScience would ever release Select Vegan Protein in a mint chocolate flavor.

You can stop wondering. Shortly after Peppermint Bark Select Protein returned, PEScience announced *Amazing Mint Chocolate Select Vegan Protein* is on the way! We don't often see mint chocolate flavored vegan protein powder, so we're curious to see how it tastes. As always, you can use code PricePLOW for 15% off!

Will Amazing Mint Chocolate Take the Top Spot?



PEScience Select Vegan is now available in Amazing Mint Chocolate!

We've had the chance to try several Select Vegan Protein flavors and have always been impressed with the texture, mixability, consistency, and flavor. So far, some of our favorites are *Cinnamon Delight* and *Chocolate Bliss*. PEScience uses a combination of brown rice and pea protein to create a complete amino acid profile.

Select Vegan Protein is:

- Naturally flavored and sweetened
- Lactose-free
- Gluten free
- Soy free
- Dairy free

Select Vegan Protein is in PricePlow's Top 5 Vegan Protein Powders for several reasons. It has an amazing taste and texture, it's third-party tested to verify that it meets label claims and isn't over the allowable limit for heavy metals, and provides 20 grams of complete protein.

Keep reading to find out more about Amazing Mint Chocolate Select Vegan Protein and sign up for PEScience news and deal alerts to receive notifications when more products and flavors are available.

PEScience Vegan Select Protein – Deals and Price Drop

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Amazing Mint Chocolate Select Vegan Protein Macronutrients

For optimal results, PEScience recommends mixing one scoop of Select Vegan Protein with 10 to 12 ounces of cold water or a milk substitute, such as almond milk or cashew milk. Vary the amount of liquid based on your taste preferences. You can use Select Vegan Protein at any time of the day to help reach your daily protein intake.

Nutrition Facts

27 Servings Per Container

Serving Size 1 Scoop (32.5g)

Amount Per Serving

Calories 110

% Daily Value*

Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 130 mg	6%
Total Carbohydrate 5 g	2%
Dietary Fiber 2 g	7%
Total Sugars 0 g	
Includes 0g Added Sugars	0%
Protein 20 g	40%

Vit. D 0mcg 0%	• Potass. 180mg 5%
Iron 7mg 39%	• Calcium 40 mg 3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

20 grams of protein and only 110 calories, it's hard to believe that Select Vegan tastes this good!

Since it's challenging to consume enough protein on a plant-based diet, having a high-quality protein powder on hand is a convenient and easy way to ensure that you stay on track. Protein is an essential nutrient and is vital for muscle growth, recovery, and repair.

Here's what one serving (32.5g) of Amazing Mint Chocolate Select Vegan Protein contains:

- **Calories: 110**
- **Protein: 20g**
- **Carbohydrates: 5g**
 - **Sugar: 0g**
 - **Fiber: 2g**

- **Fat: 1.5g**

At just 110 calories, Select Vegan Protein can easily fit into anyone's diet and it's a great way to consume 20 grams of high-quality protein.

Amazing Mint Chocolate Select Vegan Protein Ingredients

Here's a brief summary of ingredients PEScience uses for Amazing Mint Chocolate Select Vegan Protein:

- **Pea Protein Concentrate – primary protein source**
- **Brown Rice Protein Concentrate – secondary protein source**
- **Natural Flavor – adds chocolate and mint flavor**
- **Cocoa Powder (alkali processed) – adds rich, chocolate flavor**
- **Stevia Extract – a natural sweetener**
- **Guar Gum – a thickening agent, improves texture and mixability**
- **Salt – a flavor enhancer**

If you want to learn more about each ingredient, check out our original article: [PES Select Vegan Protein: New Vegetarian Protein Powder](#)

Select Vegan Protein Flavors



Here's an updated list of all the available flavor variations for Select Vegan Protein:

Select Vegan Protein: An Underrated Plant-Based Protein Powder

In 2016, PEScience released a plant-based protein powder. They were one of the first sports nutrition companies to do so. They are also one of the only brands that post third-party test results directly to their website. Anyone can easily view MySelect Test Results at <https://pescience.com/pages/lot-number-lookup>. Simply match the lot number on a bottle of PEScience protein powder with the right test result.



PEScience launched Chocolate Peanut Butter Select Vegan Protein Powder along with Greens & Superfoods!

Not only does the database show that Select Vegan Protein meets label claims, but it also shows that products are under the allowed limit for heavy metals and microbials. Although this information is important for any protein powder, it's arguably the most important for plant-based protein powders. Since plants are grown in the ground, it's more likely that they might contain higher concentrations of heavy metals than a dairy-based protein.

Several plant-based protein powders have been tested by third-party companies and have even been found to contain excessive amounts of heavy metals. It's the last thing anyone wants in his or her protein powder. Fortunately, PEScience is taking an extra step to ensure that Select Vegan Protein checks all of the boxes, including protein content. PEScience does third-party testing with every protein powder that they offer, including Select Protein and Select Smart Mass.

Select Vegan Protein is a very underrated protein powder for how great its taste, macronutrients, and quality is. If you're a mint chocolate lover, then definitely grab a tub of Amazing Mint Chocolate Select Vegan Protein! Remember, you can use PricePLOW to save 15% off and subscribe below for more PEScience news, reviews, and interviews!

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