

# OxyMax: Performax Labs MAX Strength Fat Burner in ONE Capsule

written by Mike Roberto | October 29, 2021

Performax Labs has unveiled their latest edition of their insanely popular fat-burner, OxyMax, with an upgraded ingredient panel featuring a powerfully-dosed list of fantastic ingredients to help you get the most out of your diet. Throughout the 2021 Performax Labs branding updates, they're staying true to their name with *maximum* strength supplements, exemplified by the new HyperMax 3D Extreme pre workout.



The image shows a promotional graphic for OxyMax. On the left is a 'Supplement Facts' table. In the center and right are three bottles of OxyMax. At the bottom, there's a banner that says 'MAX WEIGHT LOSS: THE NEW OXYMAX FAT-BURNER IS OUT' and 'PRICEFLOW ARTICLE'. The PricePLOW logo is in the top right.

Supplement Facts	
Serving Size: 1 Capsule	
Amount Per Serving	
N-Phenethyl Dimethylamine	200mg
Caffeine Anhydrous	200mg
Yohimbine Hydrochloride (YOH)	200mg
Chromium Picolinate	200mcg
Green Tea Extract (Standardized to 20% Polyphenols)	200mg
Parasiticide	40mg
Chlorogenic Acid	200mg
Choline	200mg
Phenylethylamine	200mg
Guar Gum	200mg
Black Pepper (Standardized to 95% Piperine)	200mg
Hydroxytyrosine	200mg
Other Ingredients	

MAX WEIGHT LOSS: THE NEW OXYMAX FAT-BURNER IS OUT  
PRICEFLOW ARTICLE

The new Performax Labs OxyMax fat burner is out, and it packs a massive punch in just one capsule!

The same goes for **OxyMax**, which is as strong as ever in just *one* capsule:

## OxyMax: Burn fat and feel good while doing it

Much like the previous version of OxyMax, this latest version of the top-selling fat burner is packing a lot of high-energy, feel good ingredients led by N-Phenethyl Dimethylamine and Beta-PEA. We've seen this duo before from the brand, and thoroughly enjoy its euphoric and motivating energy rush.

What else does it have to offer and will this be the next great fat burner? We break it all down below, but before we get to the details, take a second to sign up for PricePLOW alerts and to check our coupon-based deals:

## OxyMax – Deals and Price Drop Alerts

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## Max Strength Fat Burner Ingredients:

In ONE capsule of OxyMax Max Strength Fat Burner you get the following – and it includes a total of **255 milligrams of caffeine** and plenty more stimulants (wow!):

- **Eria Jarensis Extract (whole plant) – 200 mg**

Supplement Facts		
Serving Size: 1 capsule	Servings Per Container: 60	
	Amount Per Serving	% Daily Value*
<b>NeuroPEA™</b> (Eria Jarensis (whole plant) Extract)	200mg	†
<b>Caffeine Anhydrous</b>	200mg	†
<b>ThinFen™</b> (Beta-Phenylethylamine HCL)	100mg	†
<b>Infinergy®</b> (DiCaffeine Malate)	75mg	†
<b>Cocoabuterol®</b> (Cocoa Extract (Theobroma cacao L.)(seed) (std. to min 50% cocoa alkaloids))	50mg	†
<b>Paradoxine®</b> (Grains of Paradise (Aframomum Melegueta)(seeds) Extract (std. min 12.5% 6-Paradol))	40mg	†
<b>Citrus Aurantium</b> (fruit) Extract	25mg	†
<b>ProGBB™</b> (Gamma-butyrobetaine Ethyl Ester HCL)	20mg	†
<b>Fucoxanthin</b> (from Brown Seaweed Extract)	8mg	†
<b>BioPerine®</b> (Black Pepper (fruit) Extract std. to 95% Piperine)	5mg	†
<b>Rauwolfia Vomitoria</b> Extract (std. to min 90% Rauwolscine)	2mg	†

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

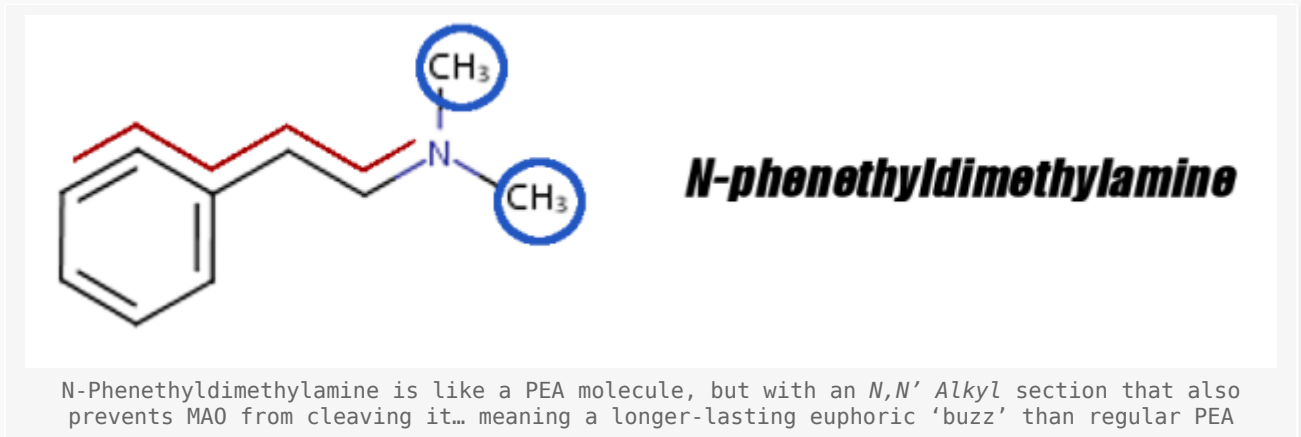
Looking for mood, energy, and euphoria to boost your dieting efforts? Then you came to the right place – and it's all in *one* capsule!

The **NeuroPEA** extract is standardized for an *alkaloid* called **N-phenethyl dimethylamine**, an “advanced” form of *phenylethylamine*.

If you aren't familiar with **phenylethylamine** (PEA), know that this alkaloid is one of the all-time greatest workout stimulants. It triggers an intense burst of *catecholamine* release – dopamine, adrenaline, and noradrenaline – which will make you feel energized and euphoric.[1]

The problem with PEA is that it's broken down rapidly by *monoamine oxidase (MAO)*, only giving you about five minutes of real buzz.[2,3] But wait! There's a solution to this problem:

**N-phenethyl dimethylamine** is basically the **PEA** molecule with two *alkyl* groups attached, whose function is to decrease the rate at which the whole molecule is broken down by MAO.[4] This *extends* the action of the compound, giving you a longer buzz than ordinary PEA. If you want to know how that works, you can read our long form article about the chemistry involved.



This is a relatively high dose and generally gets users feeling *good* and *motivated* to exercise. There's no weight loss research on it, but that's where the rest of the profile comes in:

- **Caffeine Anhydrous – 200 mg (of 255 mg total caffeine)**

Who hasn't heard of *caffeine's* miraculous properties as an *ergogenic* aid? One of the best-researched compounds in all of sports nutrition, *caffeine* works by crossing the blood brain barrier, where it blocks the receptors for *adenosine* and *phosphodiesterase*. [5] When this happens, neural activity *increases* and you feel less fatigued. [5] Caffeine also increases the rate of *fat oxidation* in the body, which increases the energy available to the body for training. This is particularly helpful for fat-adapted athletes on ketogenic or low-carb diets. [6-8]



A close-up look at the new OxyMax bottle launched in October 2021

*Anhydrous* simply means that this is a synthetic form of caffeine, which has been dehydrated so that it can be rapidly absorbed and digested. This fast-acting property of caffeine anhydrous is one of the reasons why it's the most common form of caffeine in athletic supplements.

### **...out of 255 milligrams total caffeine**

The dose here is worth noting – *this* is 200 milligrams anhydrous, but there's more below from dicaffeine malate. All in all, we're getting *~255 milligrams of caffeine in one capsule*, and there's additional stimulants above and below on the label.

For this reason, we're extremely confident that this is a weight loss aid

meant to be taken *one at a time* – maximum dose would be one in the AM, once in the early afternoon.

- **ThinFen (Beta-Phenylethylamine HCL) – 100 mg**

In *addition* to the *Eria jarensis* extract standardized for N-phenethyl dimethylamine, we *do* have a form of straight *PEA*, **Beta-Phenylethylamine**. Using this alongside the longer-acting NeuroPEA standardized extract will give you the best of both worlds: a big initial jolt from the beta-phenylethylamine, which will *quickly* induce the release of catecholamines and *dopamine*, [1] plus the MAO-inhibiting NeuroPEA to smooth out the ride and help keep you from crashing.

We've always loved this synergistic combination in Performax Labs' supplements. PEA hits fast and hard, but the advanced PEA provided by *eria jarensis* lasts longer. Meanwhile, we have shorter and longer-lasting caffeine inside as well!

- **Infinergy (DiCaffeine Malate) – 75 mg (yields 55 of 255 mg total caffeine)**



With all the caffeine and stimulants in OxyMax, you do *not* want to stack with a caffeinated pre-workout. So stack it with the all-new Performax Labs VasoMax!

Dicaffeine malate will have all the usual effects of caffeine, but whereas caffeine *anhydrous* is the fast-acting form of caffeine, caffeine *malate* is a *longer*-acting form of caffeine. In this molecule, caffeine is bound to **malic acid** and takes longer for the body to metabolize than anhydrous does, thus flattening out caffeine's "energy curve" so that you don't go through bad

withdrawals.

By stacking Infinergy with caffeine anhydrous, Performax Labs is going for the same synergy behind their stacking NeuroPEA with ordinary PEA: the rapid-acting form gives you a good initial jolt, while the long-acting form extends the effects.

Aside from that one difference, you'll get all the usual effects of caffeine from dcaffeine malate.[9-12]

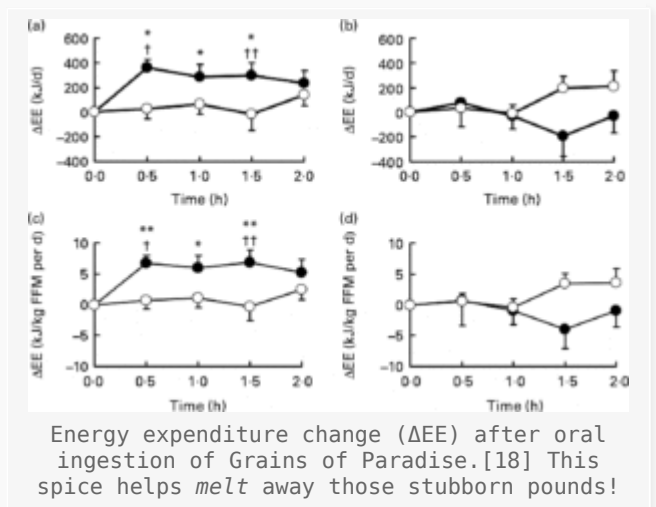
- **Cocoabuterol (Cocoa Extract (Theobroma cacao L.)(seed)(std. min 50% cocoa alkaloids)) – 50mg**

Standardized to 50% *cocoa alkaloids*, and formulated specifically to maximize bioavailability and alkaloid half-life, **Cocoabuterol** has quickly developed a reputation in the industry because of the cocoa alkaloids' impressive ability to suppress appetite, enhance energy, stimulate thermogenesis, and improve mood.[13,14]

*Theobromine*, the primary bioactive alkaloid in cocoa, has a mechanism of action similar to caffeine's: it blocks the receptors for adenosine and phosphodiesterase, increasing alertness and motivation.[13] *Theobroma cacao* also contains polyphenols and other alkaloids with anti-inflammatory, cardioprotective, and antioxidant effects.[13,14]

Theobromine can potentially help weight loss by upregulating *cyclic adenosine monophosphate* (cAMP),[15] which improves fat metabolism in the body.[16]

- **Paradoxine (Grains of Paradise (Aframomum Melegueta)(seeds) Extract (std. min 12.5% 6-Paradol)) – 40mg**



**Paradoxine grains of paradise** is an extract from an herb native to West

Africa. It's standardized for a phenol compound called *6-paradol*, which converts stored fat (white adipose tissue, or WAT) to the *brown adipose tissue*, which uses more energy than WAT, thereby increasing the basal metabolic rate of the body.[17,18]

That's *Paradoxine* in a *nutshell*. If you want a *much* deeper look at *how* this awesome compound works in the body, please read our long-form article on the subject titled *Grains of Paradise: Fat Fighting Spice of the Goddesses*.

- **Citrus Aurantium (fruit) Extract – 25mg**

Containing both *synephrine* and *hordenine* (and potentially other lipolysis-promoting molecules), the inclusion of *Citrus aurantium* in OxyMax from PowerMax can help weight loss on two different levels: by boosting metabolism, and increasing activity and energy through stimulant-like effects. *Citrus aurantium* also synergizes well with some of the other ingredients in this product.



Yes, but take only *one* capsule at a time!

**Synephrine** has been shown to increase the metabolic rate, with one study observing an increase of 183kcal/day over placebo.[19] It can help dieters burn more calories in the gym, as a 2015 demonstrated that synephrine increases power output and volume during exercise,[20] making it an *ergogenic aid*.

Synephrine has this ergogenic effect because it's a *beta agonist*,[21] just like the stimulant *ephedrine*. However, it is much milder than ephedrine, with less pronounced effects at the same dose,[21] and it has very little effect on heart rate or blood pressure compared to ephedrine[22] and even to other

bioflavanoids.[23]

**Hordenine** works on two different levels: first, it inhibits the action of *monoamine oxidase* (MAO),[24,25] which means that it will synergize with the PEA and NeuroPEA in this product by potentiating and extending their effects. Hordenine is also a beta-2 adrenergic receptor agonist,[26] which means it may increase your basal metabolic rate.[27]

While we're not sure what Performax Labs is *specifically* targeting in the citrus aurantium fruit extract, it's most likely primarily synephrine.

- **ProGBB (Gamma-butyrobetaine Ethyl Ester HCl) – 20mg**

**PricePlow Blog Post**

# PROGBB

SUPER CARNITINE FROM SYNMR

Carnitine synthesis pathway diagram showing the conversion of TMABA to carnitine via TMABA DH, GBB, and BBD. Chemical structures for TMABA, GBB, and L-carnitine are shown below.

**ProGBB:**  
**The "Super Carnitine" that Makes You Sweat!**

SYNMR's ProGBB is a well-tested form of the carnitine-booster *Gamma Butyrobetaine Ethyl Ester*, more easily known as *GBB*

**ProGBB** is SYNMR Biotechnologies' trademarked version of **gamma butyrobetaine (GBB) ethyl ester HCL**. Gamma-butyrobetaine is the *carnitine precursor* that gets hydrogenated into L-carnitine by the enzyme *gamma-butyrobetaine dioxygenase (BBD)*. [28] That's important because carnitine is *crucial* for fat loss: it's implicated in transporting fatty acids into the mitochondria, where they are turned into ATP. In other words, carnitine helps you *burn fat*, and supplementing with GBB is a good way to boost your carnitine levels.[28]

The long story short is that this is a fantastic way to get your body to produce more carnitine and a bit more heat, but we still do recommend getting enough carnitine in through dietary or supplemental sources (clinical doses of carnitine are generally 2 grams per day, far too big to fit into a capsule).

We call GBB the "*super carnitine that makes you sweat*" because of how



powerfully thermogenic it is. Get ready to sweat!

- **Fucoxanthin (from Brown Seaweed Extract) – 8mg**

**Fucoxanthin**, derived from *seaweed*, is a compound that drives the metabolism of *carbs* and increases the expression of *GLUT4* in skeletal muscle. The upshot is that the *carbs* you eat will be stored more in muscle tissue and less in fat tissue.[29,30]

Much like the *syneprhine* we discussed earlier, fucoxanthin is a *beta-3 adrenergic agonist* that's active in white fat cells,[31] where it upregulates *Uncoupling Protein 1 (UCP1)*. Increased UCP1 activity results in a faster metabolism, and ultimately, easier fat loss.[32] Feeding seaweeds high in fucoxanthin to research animals has proven to both prevent the growth of fat cells and increase satiety.[33]

- **BioPerine (Black Pepper (fruit) Extract std. to 95% Piperine) – 5mg**



Performax Labs is pushing a rebrand that re-defines who they are – *aggressive* supplement formulators! Get ready for some potent products!

**BioPerine** is a black pepper extract famous for its ability to increase the absorption of other nutrients, but it also has a beneficial effect on glucose control, which is crucial for achieving and maintaining healthy body composition. This is thanks to the *piperine* inside, which does this by improving the function of the same crucial glucose transporter that fucoxanthin does, namely *GLUT4*, which responds to insulin by clearing glucose from the blood after a meal.[34] BioPerine has also been shown to help reverse insulin resistance and fatty liver in mice,[35] and is a useful antioxidant in

its own right.[36]

In addition is the *standard* use case for including piperine, it's often used to enhance the absorption of the other ingredients. It does this by inhibiting enzymes that break down various ingredients.

- **Rauwolfia (Rauwolfia vomitoria) [Leaf] Extract (Std. for 90% Rauwolscine) – 2 mg**

Extracts of **Rauwolfia** standardized for *rauwolscine* are usually referred to as “alpha yohimbine” or “alpha yo” for short, because these extracts are basically a stronger form of *yohimbine*.

So what is *yohimbine*?

Yohimbine, like rauwolscine, can also be derived from the *Rauwolfia* plant, but usually comes from the Yohimbe plant. Yohimbine is an *alpha-2 antagonist*, meaning that it stimulates *adrenaline* and *noradrenaline* receptors, where it is capable of suppressing appetite,[37] helping weight loss,[38] and improving focus.[39]

*Rauwolscine* has the same mechanism of action as yohimbine, and has been shown to both prevent fat storage and provide energy to the body.[40] Because synephrine is a *beta* agonist and rauwolscine is an *alpha* antagonist, these two ingredients have synergistic effects when used together.

● **POWERFUL ALL DAY THERMOGENIC**

● **MOOD ENHANCING FORMULA**

● **IMPROVE ENERGY AND REDUCE APPETITE**

Think you know feel-good fat burners? If you haven't tried OxyMax, you've seen nothing yet!

Be aware that people react differently to rauwolscine: most feel great, but some might get jittery. If you tolerate it well, don't neglect the benefits that rauwolscine has on metabolism and fat loss.[41]

## Dosage

As mentioned throughout the article, this is a high-stim product with 255 milligrams of caffeine *per capsule*, and basically a half-dozen other stimulating ingredients inside.



The OxyMax VasoMax stack is where it's at for fat destroying workouts!

This means you are to only take *one* capsule at a time. We suggest first thing in the morning before eating, and you can optionally take a second capsule early in the afternoon before the “afternoon slump”.

Do not combine a capsule with any stimulant-based pre workout supplement. If you're going to train with it, stack it with *Performax Labs VasoMax*.

## OxyMax Takes a Weight Loss Capsule to the Max

As you can see, OxyMax uses a *lot* of ingredients, all disclosed incredibly well, which should make for an extremely effective fat burner that also makes you feel like a million bucks, even in the midst of “poverty macros”. We've seen some powerful fat burners, but we're not sure we've seen this much power in just a

single cap for a very long time.

Performax Labs is 3 for 3 on the revamped formulas during their 2021-stravaganza rebranding effort. What's the next product to be updated, and will Performax continue their winning streak?

Only time will tell... but these ingredients are a knockout! Stay tuned to our Performax Labs news page to keep learning.

## OxyMax – Deals and Price Drop Alerts

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*Note: This article was originally published on October 18, 2017 and updated on October 29, 2021. Earlier articles had also been written on OxyMax XT, which was discontinued and rolled into OxyMax listed here.*

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