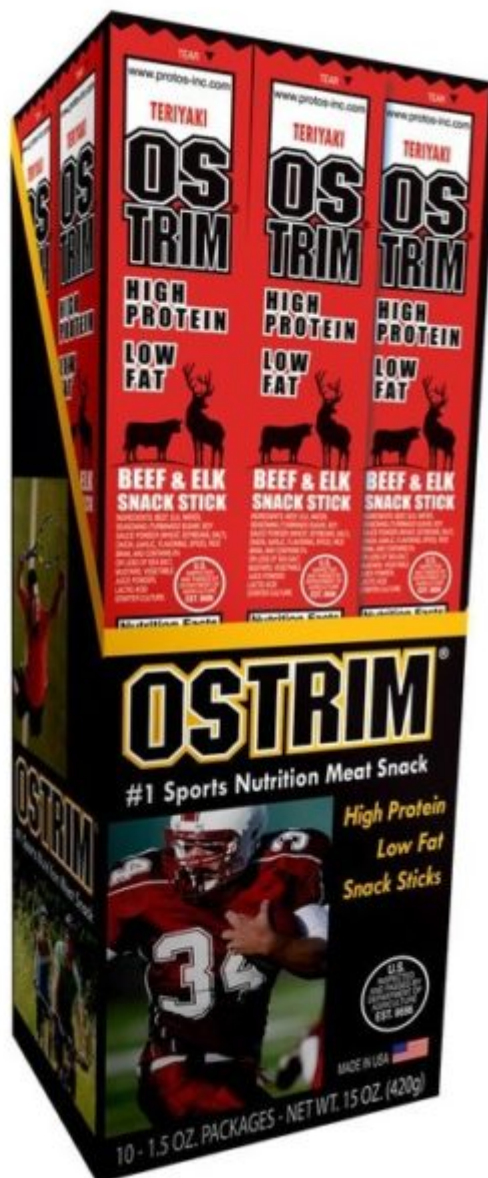


Ostrim – An Ostrich (or Elk) Spin on Beef Jerky!

written by Mike Roberto | March 30, 2017



Sick of Slim-Jims? Ostrim has created an incredibly unique line of meat snacks centered around exotic animals like elk and ostrich.

Think back to the glory days of the World Wrestling Federation (WWF or WWE nowadays) and you know doubt remember those 90s commercials of Macho Man Randy Savage busting through walls touting **Slim-Jim** – a *meat stick* (made from beef... get your mind out of the gutter!)

High protein, “functional” foods have come a long way since those debuted many years ago both in quality and flavor. One of the hottest items around these days are a variety of high protein snacks made by **Ostrim**, but we never really thought to cover it here on the blog.

Yet if every protein bar on the planet gets an article, why not a *real* protein source – beef jerky!

Ostrim has a diverse line of tasty protein-packed treats to satisfy a wide spectrum of tastes and dietary preferences, and it actually started with beef and *ostrich* meat!

We've got more info below, but first, take a moment to check the best deal and sign up for alerts from PricePLOW:

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Beef & Ostrich Snack Sticks

First up, we've got the original – an exotic pairing of meats with the combination of beef & *ostrich* of all things! We've never personally tasted ostrich on its own, but this would definitely rank highly on our "want to try" list of game meats.

Flavors Available

Nutrition Facts

Serving Size: 1 Stick (42g)

Servings Per Container: 10

Amount Per Serving

Calories 80 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0.5g **3%**

Cholesterol 25mg **8%**

Sodium 430mg **18%**

Potassium 650mg **18%**

Total Carbohydrate 3g **1%**

Sugars 2g

Protein 14g **28%**

Calcium 2% • **Iron** 10%

Not a significant source of dietary fiber, vitamin A, and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Beef, Ostrich, Water, Teriyaki Seasoning (dehydrated Soy Sauce (soy Sauce [wheat, Soybeans, Salt], Maltodextrin, Salt), Onion & Garlic Powder, Hydrolyzed Corn Protein, Dehydrated Roasted Garlic, Spice, Orange Oil), Rice Bran, Potassium Lactate, Encapsulated Citric Acid, Salt, Potassium Chloride, Natural Flavoring.

Contains: Soy & Wheat.

Looking for a lean, mean, high protein snack?
Check out these Beef / Ostrich sticks!

Good news! We get to try a “natural” flavor option of the beef / ostrich snack stick to get a better feel for the natural, more gamey flavors of ostrich since they won’t be covered up by a ton of flavoring components.

Don’t worry though, there’s still three other flavored options of the stick for those who want something with less “in your face” ostrich flavor. The full range of available flavor options includes:

- **Natural**
- **BBQ**
- **Pepper**
- **Teriyaki**

Macros

Each Beef & Ostrich snack stick will contain the following nutritional breakdown:

- **Calories:** 80
- **Protein:** 14g
- **Carbs:** 2g (1g sugar)
- **Fat:** 1.5g (0.5g saturated)

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And here's a closer-up image so you can see what it looks like:



The pieces are a bit flat and rectangular – definitely less greasy than your typical beef jerky stick

Beef & Elk Snack Sticks

Nutrition Facts

Serving Size: 1 Stick (42g)

Servings Per Container: 10

Amount Per Serving

Calories 90 **Calories from Fat** 30

% Daily Value*

Total Fat 2.5g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 390mg **16%**

Potassium 210mg **6%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 1g

Protein 14g **28%**

Calcium 4% • **Iron** 6%

Not a significant source of dietary fiber, vitamin A, and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Beef, Elk, Water, Nonfat Dry Milk, And Contains 2% Or Less Of Celtic Sea Salt, Natural Flavor, Mustard, Vegetable Juice Powder, Lactic Acid Starter Culture.

Ostrich not to your liking? You can also try the beef / elk combo stick.

Next, we'll describe some of the other exotic meat snacks that Ostrim has to offer with the Beef & Elk Snack sticks. The first two ingredients are beef and elk, like you would expect (and hope) them to be!

Following the two headlining ingredients, you'll have a diverse array of flavoring components added to give each type of beef and elk stick its unique flavor. This brings us to...

Flavors Available

Ostrim has created three different flavors of beef & elk sticks, depending on what pleases your palate, you can choose from:

- **Habanero**
- **Sweet & Spicy**
- **Teriyaki**

One thing we would like to see is a “natural” flavored option so we can get a better gauge of what the composite beef / elk mixture tastes like.

Macros

Each Beef & Elk snack stick will contain the following nutritional breakdown:

- **Calories:** 90
- **Protein:** 14g
- **Carbs:** 2g (1g sugar)
- **Fat:** 2.5g (1g saturated)

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Beef & Ostrich Jerkee

Nutrition Facts

Serving Size 1 Package (30 g)

Servings Per Pack 10

Amount Per Serving

Calories 60

Calories from Fat 15

		% Daily Value
Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	25mg	8%
Sodium	290mg	12%
Potassium	590mg	17%
Total Carbohydrate	2g	1%
Sugars	1g	
Protein	10g	20%
Calcium		2%
Iron		6%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Beef, Ostrich, Filtered Water, Nonfat Dry Milk, Less than 2% of Salt, Citric Acid, Potassium Chloride, Potassium Lactate, Natural Flavor, Sodium Erythorbate, Sodium Nitrite, Sucralose.

Not a fan of eating “meat sticks”? No problem, you can get jerky from Ostrim as well.

Not only does Ostrim do snack sticks, but they also make jerky using a combination of beef & ostrich! The extra additives are less than compared to the beef sticks, which may be a “win” for some of you more “natural” eaters out there.

Flavors Available

Flavors are a little more limited with the jerky, as there are only two flavors available. Fortunately though, jerky fans will be pleased as the two options offered are some of the most popular jerky flavors around:

- **Pepper**
- **Teriyaki**

Macros

The beef & ostrich jerky packs a little less caloric and protein punch compared to their meat stick counterparts, but don't worry, you'll still get a sizeable amount of protein in each serving of jerky.

- **Calories:** 60

- **Protein:** 10g
- **Carbs:** 2g (1g sugar)
- **Fat:** 1.5g (0g saturated)

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Turkey & Chicken Sticks too!

Nutrition Facts	
Serving Size: 1 Stick (42g)	
Servings Per Container: 10	
Amount Per Serving	
Calories 90	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 620mg	26%
Potassium 341mg	10%
Total Carbohydrate 2g	1%
Dietary Fiber <1g	3%
Sugars 3g	
Protein 14g	28%
Calcium 4%	Iron 4%

Ingredients: Turkey, Water, Seasoning Blend (Sea Salt, Dehydrated Apple, Cane Sugar, Cinnamon, Nutmeg, Natural Smoke), Nonfat Dry Milk, Mustard, Vegetable Juice Powder (Celery Powder, Sea Salt), Starter Culture

Not in the mood for red meat? Don't worry, Ostrim also makes a Turkey and Chicken Stick!

Suppose you're not a fan of red meat or exotic meats like ostrich or elk. No worries, as Ostrim has also released Turkey Snack Sticks and Chicken Snack Sticks for those who want a more mild tasting protein.

Flavors Available

Turkey sticks come in two flavors: **Applewood** and **Brown Sugar**

Chicken sticks are available in the lone **Buffalo Wing** flavor.

Macros

Turkey sticks contain the following macros:

- **Calories:** 90
- **Protein:** 14g
- **Carbs:** 2g (2g sugar)
- **Fat:** 2.5g (1g saturated)

Chicken, on the other hand, offers:

- **Calories:** 80
- **Protein:** 14g
- **Carbs:** 3g (1g sugar)
- **Fat:** 2g (0.5g saturated)

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Where to find Ostrim

Ostrim has carved out quite a niche from themselves apart from the rest of the beef jerky market, chasing the nutritional stores – both online and brick & mortar. They're distributed by *Europa Sports*, so basically any supplement and nutrition store that wishes to carry them may have it around. Look for the rectangular boxes seen in the images above – and if you can't find them, then buy online and save here through PricePlow.

Takeaway

Sure, protein bars have their place, but sometimes a man's more primal instinct takes over and he just wants pure, meaty goodness – that's where Ostrim's diverse line of meat snacks come to the rescue. One's palate can tire from all the sweetness of typical protein snacks, bars, and cookies, and when those situations arise, that's the time to grab a snack stick or some flaps of jerky to slay your hunger and keep the protein count high.

We've always applauded brands for doing something different, so we cheer to Ostrim's success of putting some new meats in beef jerky and calling it home with us here in the nutrition segment.

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