

# Nutrex Outlift Gets Cultural with Italian Ice!

written by Mike Roberto | September 16, 2019

**Nutrex Research** has been very busy in 2019, after coming into the year with a clear idea of what it wanted to accomplish.



Nutrex unveiled the sweet-tasting Outlift *Italian Ice* at the 2019 Olympia!

Launching the *best vegan protein powder* on the market? Check, thanks to Nutrex Plant Protein. Release an incredibly versatile, *stackable* pump product? Alpha Pump has been one of the most interesting products we've seen in awhile. How about jumping on the *all-natural* trend before most of the competition? Nutrex has done that, too, with Lipo-6 Natural and Outlift Natural. Despite all of these accomplishments, it turns out that the leading brand had *more* in store!

## Meet the next Outlift flavor: *Italian Ice!*

Nutrex is making waves again, this time with perhaps their most popular product, their comprehensive pre-workout **Outlift**. They've hit us with *another* great new flavor, and this one may just take you back to those hot summer days of your childhood! **Nutrex Outlift *Italian Ice*** is the newest addition to the Outlift family, and it's coming to us as the summer season approaches its end! Getting a great pre-workout formula is one thing, but having it come in such a *unique, great-tasting* flavor, too?! Nutrex has got something very special here!

We'll go into a bit more detail below, but first, make sure you take a look at

our prices widget and sign up for Nutrex alerts! We'll help you find great deals on their products – as effective as their formulas are, you'll want to know where you can get your hands on them!

## Nutrex Outlift – Deals and Price Drop Alerts

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PricePLOW was lucky enough to get their hands on Outlift Italian Ice when it was originally unveiled at the 2019 Olympia. Take a look at what Mike and Ben thought when they got a taste along with the guys from Team Nutrex:

The flavor is actually more of a **Blueberry Lemonade** than anything else. You get some lemon on the front, but a strong hit of blueberry on the back, which sticks with you! It's very enjoyable, as you'll see in the video above!

### A little more on Outlift...



OUTLIFT - BLOOD ORANGE

**SUPPLEMENT FACTS**

Serving Size: 25.5g (Approx 1 scoop) Servings Per Container: 30

	Amount per serving	% Daily Value
Sodium	270mg	12%**
<b>OUTLIFT® All-In-One Pre-Workout Powerhouse</b>		
Citrulline Malate 2:1	8g	*
Beta-Alanine (as CarnoSyn®)	3.2g	*
Creatine Monohydrate (100% pure Creapure®)	3g	*
L-Leucine	3g	*
Taurine	2g	*
L-Isoleucine	1.5g	*
L-Valine	1.5g	*
Caffeine Anhydrous	350mg	*
N-Acetyl-L-Tyrosine	150mg	*
Black pepper extract (fruit)(as BioPerine®)	5mg	*

\*\*Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established.

**OTHER INGREDIENTS:** Sodium Bicarbonate, Natural and Artificial Flavor, Silica, Sucralose, Acesulfame Potassium.

The Outlift Ingredient Label, with pumps, endurance, ergogenics, and energy!

Outlift is one of our top *all-around* pre-workouts – it packs a heavy dose of

*caffeine* besides some powerful endurance-boosters, and tosses in leucine-rich *BCAAs* and *creatine*! Most pre-workouts tend to neglect these last two inclusions, but they can be hugely beneficial when trying to get in intense workout session in. Outlift covers all of the bases a pre-workout *should*, which is why it's been one of our favorites for awhile!

Here's a quick overview of the magic inside:

- **8g of Citrulline Malate 2:1** (which yields around 5.33g of *pure* citrulline, much more than the clinical dose!)
- **3.2g of Beta Alanine**, a dose that sits *right* where we like to see it!
- **3g of Creatine Monohydrate** to help increase *strength* and *recovery*.
- **6g of BCAAs** to kickstart recovery and help keep your muscles fresh!
- **2g of Taurine** to keep endurance levels high.
- **350mg of Caffeine**, which packs a *hard-hitting* energy kick!
- **150mg of N-Acetyl L-Tyrosine** for a bit of *euphoria*.
- **5mg of BioPerine** to aid absorption!



Hit the weights in refreshing fashion with the latest flavor of Outlift!

Outlift covers *strength*, *performance*, *energy*, *endurance*, *pump*, and even *nootropics*! Regardless of what you're looking for in a pre-workout, Outlift delivers what you're searching for, as well as *much more*. As with everything else in the *Nutrex Clinical Edge Series*, this product is completely **drug-test approved**, *free of all WADA-banned ingredients*. As long as you can handle the stims, this formula is worthy option for those looking for a *powerful* pre-workout experience.

## Italian Ice – a *novel* supplement flavor!

Depending on where you live, you may know it as Italian ice, water ice (“*wooder ice*”) or even *slush*! Putting aside the proper name debate (our readers from the Northeast have an argument for “*wooder ice*”, for sure!), one thing remains true – the Italian treat is *fruity, sweet, and refreshing*!

Nutrex has hit on all three of those notes here, providing a pre-workout that tastes *great* and is goes down *easy*. And just like Outlift Gummy Bear, the texture and mouthfeel give you the real-deal experience – it’s not too “thin”, but not chalky either!

We’ve yet to see a flavor like this in the industry, specifically in pre-workouts. That being said, Nutrex has never been afraid to innovate, especially when it comes to flavors. With Italian Ice, they’ve once again broken new ground – and as we’ve come to expect, they’re successful in doing so!

## Conclusion – the Outlift family gets even larger!



Whether you go with Italian Ice or *Gummy Bear*, Nutrex Outlift is a great pre-workout option!

Nutrex Research has been firing on all cylinders this year with a seemingly nonstop flow of releases. We’ve seen everything – *all-natural* products, *vegan* proteins, and even *new flavors*! Nutrex kicked off 2019 with an *awesome Blood Orange* variation of Outlift, so it’s only fitting that they come back towards the end of the year with *another* Outlift flavor. A pre workout which is, mind you, in our Top 5 Pre Workout Supplements list on the “mainstream” side!

Outlift Italian Ice is an incredibly unique addition to the already expansive Outlift family. It’s another great option to choose from when looking for a tasty way to get the powerhouse pre-workout in before a training session. It’ll have you reminiscing of a hot summer day, relaxing by the pool – only briefly,

however, because this product will have you focused on an *intense* training session in no time!

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