NutraBio’s Extreme Mass Weight Gainer Goes Strawberry Pastry!

written by Mike Roberto | March 8, 2019

Keeping up with their weekly product releases in the first half of 2019, Mark Glazier and **NutraBio** are dead set on improving their flavor systems, and one product that hasn’t seen an update in a while is their weight gainer supplement, **Extreme Mass**. Not anymore!

NutraBio Extreme Mass Gets a Strawberry Pastry Flavor

With huge doses of carbohydrates and protein, but very limited amounts of fat, Extreme Mass leaves some fun room for flavoring, and we’re expecting it to be rich and thick – especially given the added casein protein:

Looking to slam some *big* pre workout calories on a budget, but keep the protein quality high? NutraBio Extreme Mass is for you.

The label's below, but you can use PricePlow to compare prices:

NutraBio Extreme Mass – Deals and Price Drop Alerts

Get Price Alerts

☐ Get Extreme Mass Price Alerts☐ Get NutraBio alerts☐ Get Weight Gainers price drops

☐ Also get hot deal alerts

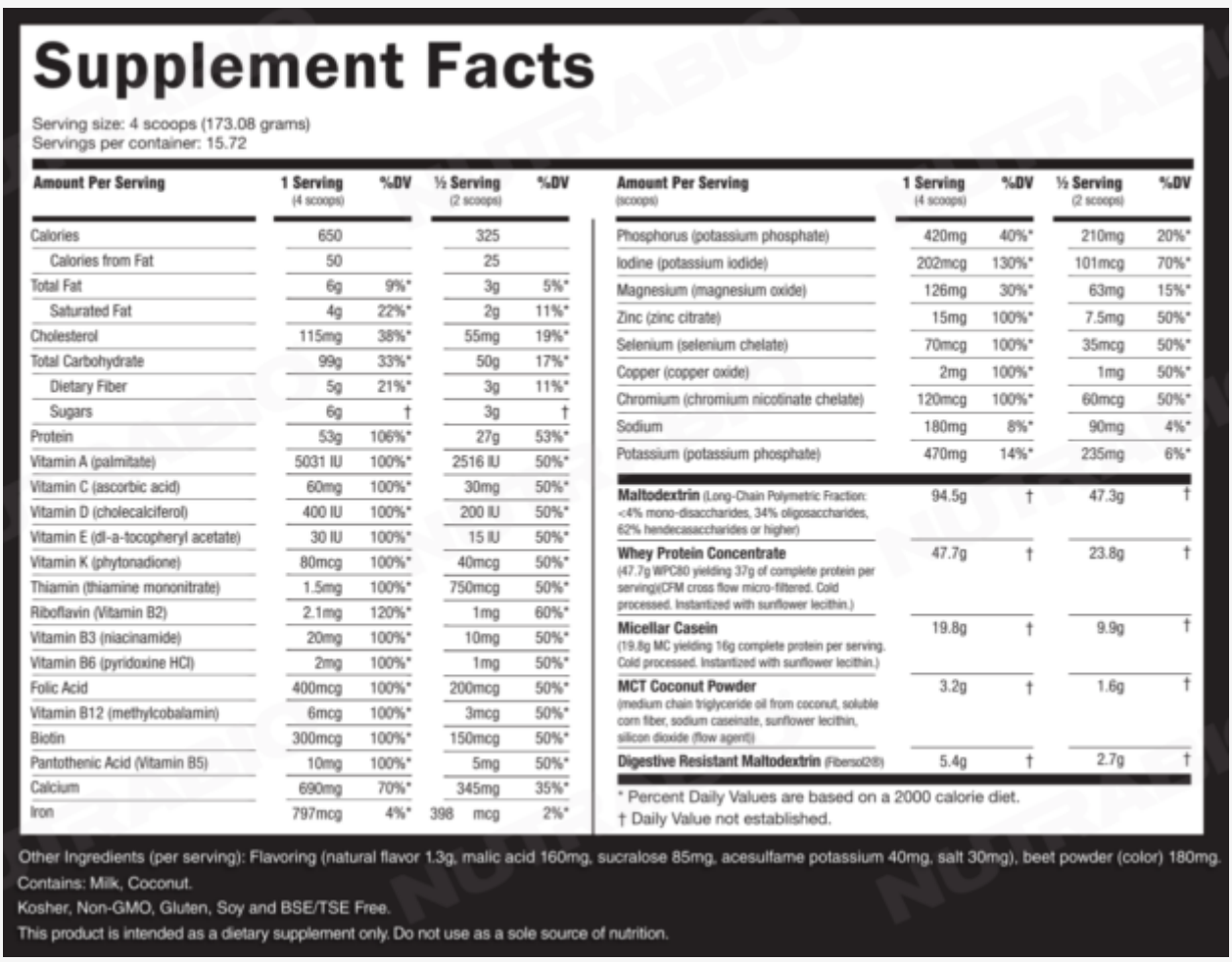
No spam, no scams.

Disclosure: PricePlow relies on pricing from stores with which we have a business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

NutraBio's Extreme Mass Ingredients

We've never blogged about this product in its entirety, so we'll do that shortly. In the meantime, take a look at the label below:



Supplement Facts

Serving size: 4 scoops (173.08 grams)
Servings per container: 15.72

Amount Per Serving	1 Serving (4 scoops)	%DV	½ Serving (2 scoops)	%DV
Calories	650		325	
Calories from Fat	50		25	
Total Fat	6g	9%*	3g	5%*
Saturated Fat	4g	22%*	2g	11%*
Cholesterol	115mg	38%*	55mg	19%*
Total Carbohydrate	99g	33%*	50g	17%*
Dietary Fiber	5g	21%*	3g	11%*
Sugars	6g	†	3g	†
Protein	53g	106%*	27g	53%*
Vitamin A (palmitate)	5031 IU	100%*	2516 IU	50%*
Vitamin C (ascorbic acid)	60mg	100%*	30mg	50%*
Vitamin D (cholecalciferol)	400 IU	100%*	200 IU	50%*
Vitamin E (dl-a-tocopheryl acetate)	30 IU	100%*	15 IU	50%*
Vitamin K (phytonadione)	80mcg	100%*	40mcg	50%*
Thiamin (thiamine mononitrate)	1.5mg	100%*	750mcg	50%*
Riboflavin (Vitamin B2)	2.1mg	120%*	1mg	60%*
Vitamin B3 (niacinamide)	20mg	100%*	10mg	50%*
Vitamin B6 (pyridoxine HCl)	2mg	100%*	1mg	50%*
Folic Acid	400mcg	100%*	200mcg	50%*
Vitamin B12 (methylcobalamin)	6mcg	100%*	3mcg	50%*
Biotin	300mcg	100%*	150mcg	50%*
Pantothenic Acid (Vitamin B5)	10mg	100%*	5mg	50%*
Calcium	690mg	70%*	345mg	35%*
Iron	797mcg	4%*	398 mcg	2%*

Amount Per Serving (scoops)	1 Serving (4 scoops)	%DV	½ Serving (2 scoops)	%DV
Phosphorus (potassium phosphate)	420mg	40%*	210mg	20%*
Iodine (potassium iodide)	202mcg	130%*	101mcg	70%*
Magnesium (magnesium oxide)	126mg	30%*	63mg	15%*
Zinc (zinc citrate)	15mg	100%*	7.5mg	50%*
Selenium (selenium chelate)	70mcg	100%*	35mcg	50%*
Copper (copper oxide)	2mg	100%*	1mg	50%*
Chromium (chromium nicotinate chelate)	120mcg	100%*	60mcg	50%*
Sodium	180mg	8%*	90mg	4%*
Potassium (potassium phosphate)	470mg	14%*	235mg	6%*
Maltodextrin (Long-Chain Polymetric Fraction: <4% mono-disaccharides, 34% oligosaccharides, 62% hendecasaccharides or higher)	94.5g	†	47.3g	†
Whey Protein Concentrate (47.7g WPC80 yielding 37g of complete protein per serving)(CFM cross flow micro-filtered. Cold processed. Instantized with sunflower lecithin.)	47.7g	†	23.8g	†
Micellar Casein (19.8g MC yielding 16g complete protein per serving. Cold processed. Instantized with sunflower lecithin.)	19.8g	†	9.9g	†
MCT Coconut Powder (medium chain triglyceride oil from coconut, soluble corn fiber, sodium caseinate, sunflower lecithin, silicon dioxide (flow agent))	3.2g	†	1.6g	†
Digestive Resistant Maltodextrin (Fibersol2®)	5.4g	†	2.7g	†

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

Other Ingredients (per serving): Flavoring (natural flavor 1.3g, malic acid 160mg, sucralose 85mg, acesulfame potassium 40mg, salt 30mg), beet powder (color) 180mg.
Contains: Milk, Coconut.
Kosher, Non-GMO, Gluten, Soy and BSE/TSE Free.
This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

> Quality protein with a *huge* hit of maltodextrin… get ready for a blood sugar spike… which is why you better be training hard #WithoutCompromise!

Long story short is that this has a Whey Protein Concentrate 80% + Micellar Casein Protein blend that we love, with VERY little fat, which is in line with our thinking.

The carb source is straight maltodextrin, which saves on money, but is *definitely* going to spike blood sugar and insulin, so you better be training *hard* when that spike comes a calling! If that's the case, then you should be looking for some great uptake.

A vastly improved strawberry flavor system

The whole NutraBio flavor revamp started with the new Strawberry Ice Cream 100% Whey Protein Isolate, which was a huge improvement, especially with only one carb! Check out that blog post or watch the review below:

Back to **Extreme Mass**, you can check our coupon-powered prices, sign up for our NutraBio news alerts, and see which stores have this new Strawberry Pastry flavor in stock below!

The full NutraBio Extreme Mass Strawberry Pastry Label