

Myprotein Multivitamin Gummies: Naturally Flavored Multi

written by Mike Roberto | August 18, 2021



Myprotein Multivitamin Gummies bring a naturally-flavored bump to your vitamin intake!

Although it may sound crazy to some of us who can swallow a dozen pills at a time, some people simply *don't like capsules!* This is especially true for younger individuals who still haven't mastered the skill of swallowing pills.

Never a company to leave anyone out, Myprotein is launching a new **gummy series** in their *Myvitamins* line. They're beginning with the **Myprotein Multivitamin Gummies**, but should have more edible gummies on the way.

With gummy-based multivitamins, you don't always get as massive of doses of vitamins, but you *do* get them in an easily-taken form factor – and they come at a fantastic price from Myprotein, especially when factoring in PricePLOW's coupons:

Myprotein Multivitamin Gummies – Deals and Price Drop Alerts

Get Price Alerts

Get Multivitamin Gummies Price Alerts
Get Myprotein alerts
Get Chewable Multivitamins price drops

Also get hot deal alerts

No spam, no scams.

Disclosure: PricePLOW relies on pricing from stores with which we have a

business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

Myprotein Multivitamin Gummies



Myprotein has a *ton* of supplements in Europe, and has brought many of them to the America shores at incredible deals!

It goes without saying that the vast majority of your nutrition – inclusive of vitamins, minerals, phytonutrients, micronutrients, and macronutrients – should come from nutrient-dense *food*. We treat multivitamins as a “gap-filler” insurance policy, but the right vitamin for you is the one that helps fill the gaps that you ordinarily leave out.

In the case of Myprotein’s Multivitamin Gummies, the doses in each gummy aren’t massive (unless you double or triple down... which isn’t officially suggested, but some may do), so these are purpose built for Myprotein’s healthy followers who just want a healthy and delicious “topper” to their diet.

MYVITAMINS



Multivitamin Gummies

RRP: \$16.99/\$22.99(CA) Amount: 30 servings Use: 1 gummy per day

Each delicious multivitamin gummy contains 11 vitamins and minerals to support your immune health and overall wellbeing.

These gummies offer consumers a **convenient, delicious gummy alternative** designed to help aid energy production and metabolism.

- 11 vitamins and minerals per serving
- Supports energy & immunity
- Naturally flavored

THG



Supports overall health



Naturally flavored



11 key nutrients

Adding support for energy and immunity through 11 vitamins and minerals per gummy, they’re naturally flavored too!

Below is what you get in *each* gummy:

- **Vitamin A – 300mcg (33% DV)**

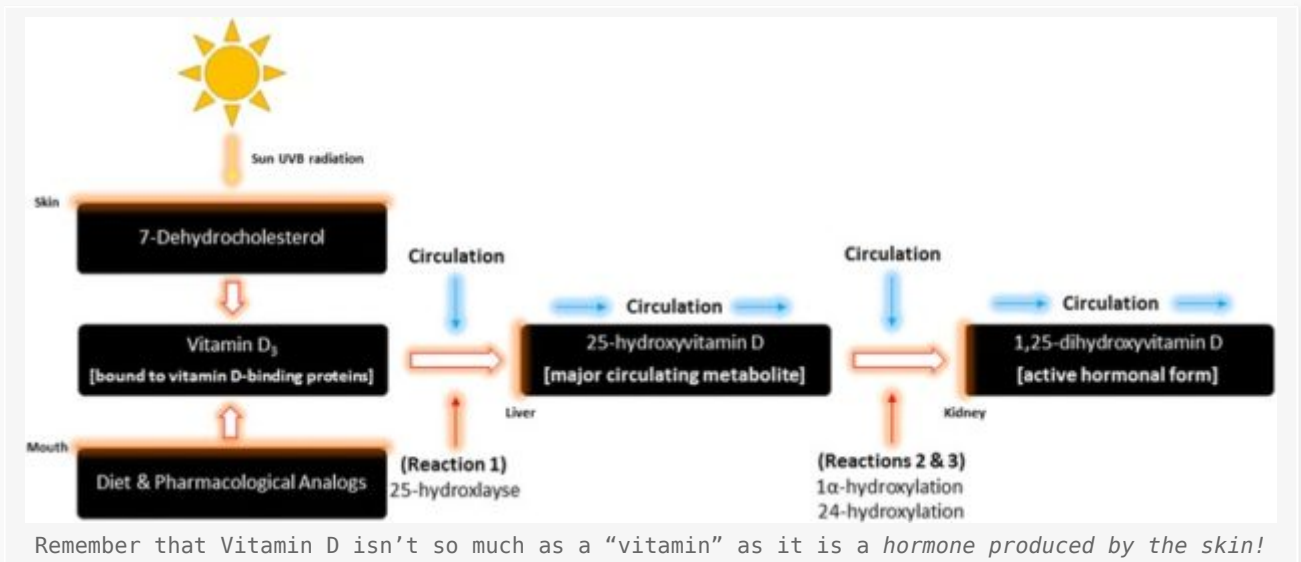
Vitamin A is important for immune system maintenance, growth / development, and vision.[1]

- **Vitamin C – 40mg (44% DV)**

Vitamin C is used by numerous enzymes for tissue repair, neurotransmitter production, and is important for immunity and antioxidant protection.[2]

- **Vitamin D3 – 5mcg (200IU, 25% DV)**

A *hormone* that's created by the skin with sun exposure, **vitamin D** helps with calcium absorption, helping with strong bone formation and protecting against disease.[3]



- **Vitamin E – 6.7mcg (45% DV)**

Vitamin E is a powerful antioxidant that boosts the immune system by helping to protect the body's cells against free radical damage. It also helps keep blood vessels wide.[4]

- **Vitamin B6 – 0.5mg (29% DV)**

On top of being involved in over 100 known enzymatic metabolic reactions, **vitamin B6** is important for brain development and immunity.[5]

- **Folic Acid – 120mcg (30% DV)**



A form of *folate*, **folic acid** is required to create genetic material such as DNA, and deficiency can lead to fatigue, weakness, trouble focusing, and other issues.[6]

- **Vitamin B12 – 2mcg (83% DV)**

Vitamin B12 also helps make DNA and other genetic material, and is additionally supportive of blood and nerve health.[7]

- **Biotin – 30mcg (100% DV)**

Sometimes known as *Vitamin B7*, **Biotin** is involved in several biological processes related to metabolizing carbohydrates, fats, and amino acids.[8] It is often included in formulas designed to protect hair, skin, and nails since biotin deficiency often leads to brittle hair.

- **Pantothenic Acid (Vitamin B5) – 1.5mg (30% DV)**

Pantothenic Acid (Vitamin B5) is important for food metabolism, and is primarily involved in the generation of coenzyme A (CoA) in order to process and synthesize fatty acids.[9]

- **Iodine – 20mcg (13% DV)**

Iodine is an essential mineral that's needed to make thyroid hormones, which affects the body's metabolism.[10]

- **Inositol – 10mcg**

Inositol is a type of sugar found in the brain that assists with cell signaling in neurotransmitters,[11] and is often included in many popular nootropic supplements.

Flavors available



Myprotein chose to *naturally flavor* these Multivitamin Gummies, and they're brought together with glucose syrup, sucrose (sugar), water, gelatin, and sorbitol – so you won't find any artificial sweeteners like sucralose on this label.

Don't like capsules? Grab a gummy

Our typical readers aren't afraid of smashing down a pack of nine (or more) pills, but there *are* some who don't want to live that life. Myprotein has taken a break from their continual Clear Whey Isolate releases (don't worry, more are surely coming) to bring a bump to their *Myvitamins* line. It's in the form of a delicious, naturally-flavored gummy for Myprotein's healthy consumer base.

Once again, we always have to focus on *diet* – foods that are high in protein and dense in nutrients. This isn't the type of multivitamin that will have you dosed at 9000% DV, it's a gap-filler and an enjoyable dessert after breakfast.

Question is, at this price and flavor profile, will you be able to eat just one?

Myprotein Multivitamin Gummies – Deals and Price Drop Alerts

Get Price Alerts

Get Multivitamin Gummies Price Alerts
Get Myprotein alerts
Get Chewable Multivitamins price drops

Also get hot deal alerts

No spam, no scams.

Disclosure: PricePLOW relies on pricing from stores with which we have a business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

References

1. National Institutes of Health. "Office of Dietary Supplements – Vitamin A." Nih.gov, 2016; <https://ods.od.nih.gov/factsheets/VitaminA-Consumer/>
2. National Institutes of Health. "Office of Dietary Supplements – Vitamin C." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/VitaminC-Consumer/>
3. "Office of Dietary Supplements – Vitamin D." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/VitaminD-Consumer/>
4. "Office of Dietary Supplements – Vitamin E." Nih.gov, 2016; <https://ods.od.nih.gov/factsheets/VitaminE-Consumer/>
5. "Office of Dietary Supplements – Vitamin B6." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/VitaminB6-Consumer/>
6. "Office of Dietary Supplements – Folate." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/Folate-Consumer/>
7. National Institutes of Health. "Office of Dietary Supplements – Vitamin B12." Nih.gov, 2016; <https://ods.od.nih.gov/factsheets/VitaminB12-Consumer/>
8. "Office of Dietary Supplements – Biotin." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/biotin-healthprofessional/>
9. "Office of Dietary Supplements – Pantothenic Acid." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/PantothenicAcid-HealthProfessional/>
10. "Office of Dietary Supplements – Iodine." Nih.gov, 2017; <https://ods.od.nih.gov/factsheets/Iodine-Consumer/>
11. Parthasarathy, Latha K., et al. "Mammalian Inositol 3-Phosphate Synthase: Its Role in the Biosynthesis of Brain Inositol and Its Clinical Use as a Psychoactive Agent." Springer Link, Springer US, 2006; https://link.springer.com/chapter/10.1007%2F0-387-27600-9_12