

Myprotein Clear Whey Isolate Caramel Apple: Limited-Edition Fall Flavor!

written by Mike Roberto | September 27, 2022

It's that time of the... *month*... again! **Myprotein** has yet *another* wildly unique Clear Whey Isolate flavor. Unlike the recent *Jelly Belly Clear Whey Isolate* collab, this one's not with a candy company, it's with *tradition*:

Clear Whey Isolate *Caramel Apple* Flavor



Embrace the spirit of tradition with Myprotein's Clear Whey Isolate Caramel Apple flavor. The rich caramel taste will last you all day!

You've probably *never* had a protein powder like this! Myprotein's latest and greatest limited-edition flavor is **Clear Whey Isolate *Caramel Apple***, which is as interesting as it sounds. Thanks to the ultra-hydrolyzed whey protein isolate used, Myprotein's been able to concoct some wild protein powder flavors, and this one may steal the show this fall.

If you like an apple flavored drink (it's *not* sour apple) followed by a very long lasting surge of caramel on the back end, you're not going to want to miss this one. It's *mostly caramel*, and it's different from any protein powder or even amino acid drink we've ever experienced.

In this article, we quickly show you prices and availability, our full flavor review, and then talk about how it's all possible thanks to the *hydrolyzed* whey protein isolate in Myprotein's Clear Whey Iso. Let's get to it:

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A Bit of Background on Caramel Apples

Candy apples actually came before *caramel apples* – the former were invented in the early 1900s, while the latter were developed in the 1950s. Caramel apples are often hand-dipped in small business settings, but in 1960, a patent titled “*Caramel-coated apple*” was granted for an automated machine that made caramel apples.[1] It has since expired, allowing entrepreneurs to capitalize on mass-produced caramel apples.

Here instead, however, Myprotein is modeling off of the *flavor* – and they’ve done it in grand style.

The Caramel Apple Clear Whey Isolate Macros

Yet another ultra clean pure whey isolate supplement, as is the norm with this product line:

Nutritional Information			
Nutrition Facts			
Serving Size 1 scoop (25g)			
Amount Per Serving		%Daily Value*	
Calories	80	Calories from Fat 0	
Total Fat	0 g	0%	
	Saturated Fat 0 g	0%	
	Trans Fat 0 g	0%	
Cholesterol	<5 mg	0%	
Sodium	10 mg	0%	
Total Carbohydrate	<1 g	0%	
	Dietary Fiber 0 g	0%	
	Total Sugars 0 g	n/a	
	Added Sugar 0 g	n/a	
Protein	20 g	40%	
Vitamin D	0 mcg (0%)	Potassium	0 mg (0%)
Calcium	10 mg (1%)	Iron	0.1 g (1%)

Clear Whey Isolate features a clean label, amazing flavors, and high quality!

Calories: 90

- **Protein: 20g**
- **Carbohydrates: 1g**
 - **Sugars: 0g**
- **Fat: 0g**

About the Myprotein Clear Whey Isolate Main Ingredient

The primary ingredient here – and only protein source – is **hydrolyzed whey protein isolate**. Most readers are likely familiar with *whey protein*, which comes from cow's milk, and is available in various grades. Alongside a healthy diet and exercise program, whey protein is well-studied in terms of both body composition improvements (gain muscle while still losing fat) as well as strength – and in both men and women.[2-5]

Once whey protein has been purified and filtered enough, it can be classified as whey protein *concentrate* (ranging from 34-80% protein by weight), or it can get taken a step further with whey protein *isolate* (WPI). With WPI, the filtration (or *isolation*) gets the material to a point of *90% protein by weight* or more.

Hydrolyzed whey protein isolate: easier to digest, faster to absorb



Myprotein sponsored athlete @_byjemmi is all about this incredible *Mike and Ike Caribbean*

Hydrolyzed whey protein isolate takes it yet another step – the addition of enzymes to the WPI help to break the protein chains down into shorter and smaller ones, which are faster-digesting and easier to absorb![6] And it still has a full amino acid profile like whey protein isolate.

This leads to a protein powder that can get the essential amino acids into the bloodstream quicker, leading to a faster reload of glycogen stores[7] as well as a faster insulin response.[8] For hard-training athletes – especially those who train more than once per day, it can drive faster recovery,[9] helping with return bouts.

This is where Myprotein takes advantage of the situation – they’ve sourced a hydrolyzed whey protein isolate that’s so well-refined, it settles “clear” (or *translucently*, as we like to say). This enables very creative flavors that are often fruity in nature – somewhere between a whey protein isolate and an amino acid / sports drink.

It’s sweetened with both *sucralose* and *acesulfame potassium* (“ace-k”), and can even be used *during* workouts like an amino acid drink. This is also perfect for those who are tired of thicker chocolate/vanilla style shakes, and want a “drink” more than a “shake”.

You can learn more in our main ***Myprotein Clear Whey Isolate*** article.

All Clear Whey Isolate Flavors in Stock

We’ve written about this product over a *dozen* times at this point – it’s become Myprotein’s favorite product to celebrate limited edition flavors with. Below are the ones currently in stock in the PricePLOW system:

PRICEPLOW

MYPROTEIN

LIMITED TIME ONLY

MYPROTEIN X JELLY BELLY!
CLEAR WHEY ISOLATES

PRICEPLOW ARTICLE
20G 4G
WHEY ISOLATE BCAA

Sizzling Cinnamon Clear Whey Isolate?! Can't wait to try this one – Read more in our *Myprotein Clear Whey Isolate Jelly Belly* article.

One of the most unique Clear Whey Isolate Flavors yet

How many more Clear Whey Isolate flavors does Myprotein need? A year ago, we would have said just a few more. At this point, we say *infinitely more*, because they keep doing amazing work with flavors that we never thought could go into protein form factor.

The hydrolyzed whey protein isolate inside is what makes it possible, and the company's gotten scary good at flavoring with it. Who knows what we'll get next, but next year, we're going to lobby for a *candy corn* flavor. Let's meme it into reality – join the *PricePLOW Discord* to discuss.



Caramel Apple... The perfect fall addition to the Clear Whey Isolate family of flavors.

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