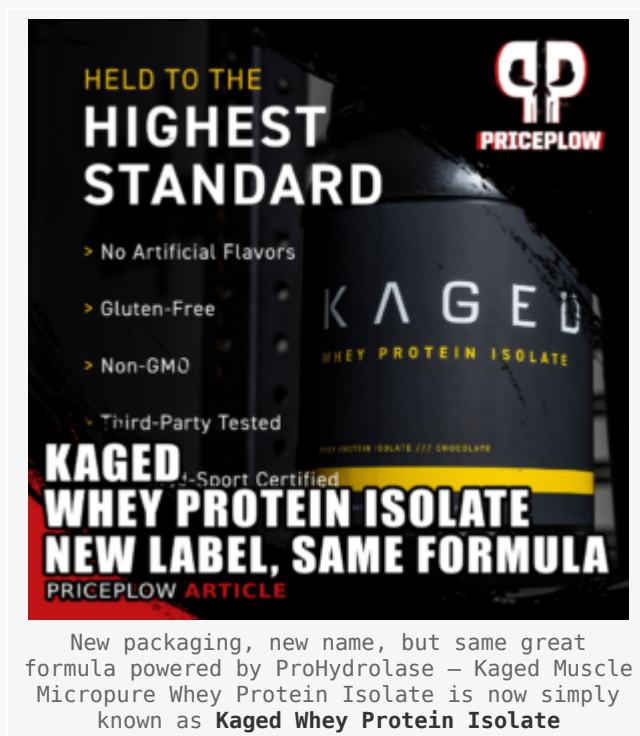


# Kaged Whey Protein Isolate: New Branding, Same ProHydrolase Power

written by Mike Roberto | November 8, 2022

The Kaged rebrand continues through 2022, and autumn brings us updated **Kaged Whey Protein Isolate** tubs – renamed from “*Micropure Whey Isolate*”.



Kaged Whey Protein Isolate has the same fantastic formula – a pure whey isolate that’s third-party lab tested and approved for drug-tested athletes, has natural flavoring, mostly natural sweetening, the patented ProHydrolase enzyme, and is non-GMO, gluten-free, and soy-free. And of course, it still has that same *insane* chocolate flavor! Now it comes with the incredible new minimalist branding introduced in early 2022.

Back when this product was originally launched in 2018, it was a follow-up to Kaged Kasein, which we absolutely love, as well as the Re-Kaged post workout supplement. It took some time to come out – Kaged had no straight-up whey protein for a few years after their formation. When they changed that, they changed it in a *big* way – with our favorite chocolate-flavored whey protein isolate!

In this article, we talk about the label, the macros, and the updated research on the ProHydrolase digestive enzyme. First, let’s check on prices and flavor availability – this one’s been tough for Kaged to consistently keep all flavors in stock!

# Kaged Whey Protein Isolate – Deals and Price Drop Alerts

## Get Price Alerts

Get Whey Protein Isolate Price Alerts  
Get Kaged alerts  
Get Whey Protein Isolate price drops

Also get hot deal alerts

*No spam, no scams.*

**Disclosure:** PricePlow relies on pricing from stores with which we have a business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

Before going further, we need to cut to the chase: at the time of recording the review below, **this is the best tasting chocolate whey protein isolate we've ever had!** And not only that, but they did it with stevia as the primary sweetener to keep the sucralose levels down. Watch on our channel below:

Great times, great powder. So how'd they do it?

## Introducing Kaged Muscle's Micropure Whey Isolate



Not your run-of-the-mill whey protein, Kaged has a pure whey protein isolate that utilizes the *ProHydrolase* Digestive Enzyme technology. This was also discussed in our original Re-Kaged blog post, but we'll show some updated research from 2020 below.

### The protein enhancement game is on!

We've seen protein isolates utilize the latest methods for increased absorption and Kaged is following a similar-but-different path. The company is using only 100% ultrapure whey isolate for maximum digestion, making it a perfect post-workout protein with clean macros that can fit into nearly *anybody's* diet. But it's the *flavors* that really blew us away for an isolate – especially that Chocolate one!

## Kaged Muscle's Isolate Ingredients

<b>Nutrition Facts</b>	
About 41 servings per container	
<b>Serving size</b>	<b>1 scoop (30.8 g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>110</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
<i>Trans</i> Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 160 mg	<b>7%</b>
<b>Total Carbohydrate</b> 2 g	<b>1%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 25 g	<b>50%</b>
Vitamin D 0 mcg	0%
Calcium 127 mg	10%
Iron 0 mg	0%
Potassium 161 mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whey Protein Isolate, Natural Flavor, Sea Salt, ProHydrolase® (Protease Blend), Gum Blend (Guar Gum, Gum Acacia, Xanthan Gum), Cinnamon Powder, Steviol Glycosides, Sucralose.

The Cinnamon French Toast (pictured above) and Vanilla flavors have the cleanest macros, but the Chocolate flavor's extra carb is definitely worth it!

The exact macros will depend on the flavors used. The cocoa in the Chocolate, S'mores, and Chocolate Peanut Butter flavors will add at least an extra carbohydrate and a dash of fat, while the flavors *without* cocoa will come in a bit lighter. Each product, however, keeps it consistent with 25 grams of protein.

- **110-120 calories**
- **25g protein**

## 2-4g carbs

- 0-1g sugar

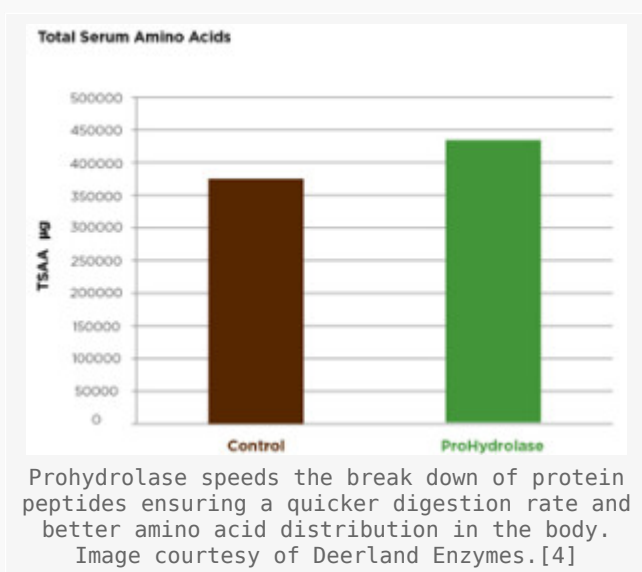
- 0-1g fat

Since this uses pure WPI-90 – *Whey Protein Isolate* that's been filtered (or *isolated*) to 90% protein by weight, you get a very high protein-by-weight ratio. Whey protein isolate is filtered to remove as much lactose and fat and other impurities as possible. But Kaged makes it even better by adding a patented digestive enzyme:

### A bit about ProHydrolase

Prohydrolase is a patented enzyme blend – the enzymes (*proteases*) included help the body break down dietary proteins into their constituent amino acids, and this helps with digestion.[1] Considering an estimated *71% of Americans deal with gastrointestinal discomfort*,[2] this is a great *advantage* that Kaged Whey Protein Isolate has over its competition.

Prohydrolase begins to convert the protein into a *hydrolyzed* protein through a unique mechanism, as Prohydrolase starts to break down proteins *once it's mixed with a liquid*. This sets it apart from hydrolyzed whey on the market as most hydrolyzed whey products are created through chemical treatment during the manufacturing process. No matter how you get there – hydrolyzed proteins may lead to easier digestion, faster absorption, and improved uptake[1] – which may ultimately lead to more gains and even less hunger through “protein leverage”[3] – something we're all for.



A study published in 2020 demonstrated that combining 250 milligrams of ProHydrolase with 26 grams of whey protein (admittedly *one gram less* than what we have here in Kaged!) led to improved plasma leucine *and* total EAA levels 30

minutes after ingestion when compared to 26 grams of protein alone.[5] This is great for athletes who use fast-digesting whey isolate to get it in *now*.

What's great about this updated research is that it was published a couple of years after Kaged originally included ProHydrolase in their supplements – it's always great to work with companies that continue funding and publishing research even *after* they've made large dents into their respective markets.

### **Primarily stevia-sweetened to keep the sucralose down**

Also note that just like the other Kaged products, they're using **stevia on top of sucralose**, in an attempt to keep sucralose levels low. Unfortunately, we don't know the exact doses, but we do know that stevia's ahead of sucralose, which is a great thing. This is the norm for all Kaged supplements.

### **Available Flavors**

Below is a list of flavors of Kaged Whey Protein Isolate – note that some may still be in the older branding through early 2023:



When launched, these flavors were great news for Kaged fans who had eagerly been awaiting a standard chocolate or vanilla flavored whey protein. Re-Kaged previously only had “fruity” flavors, and with so many brands going straight to “crazy” flavor systems, fans are finally given the standard go-to flavors that are actually phenomenal!

As always, Kaged Whey Protein Isolate sports the following benefits:

- **Pure Whey Protein Isolate**
- **ProHydrolase Powered**

- No artificial flavors
- Informed-Sport Certified
- Third-party tested
- Gluten-free
- No artificial colors
- Non-GMO

The Kaged rebrand continues, and with stellar flavors as always!



In 2018, we concluded by writing *“What the company lacks in product quantity, it makes up for with its quality.”* That was once true, but now they excel at *both!*

We were also extremely proud to not only interview Kris Gethin on the PricePLOW Podcast years ago, but also to get Michael McClane to explain the rebrand.

What will 2023 hold for Kaged? We’re not sure, but if there are new Whey Protein Isolate flavors, they’re almost guaranteed to be bangers.

## Kaged Whey Protein Isolate – Deals and Price Drop Alerts

### Get Price Alerts

Get Whey Protein Isolate Price Alerts  
Get Kaged alerts  
Get Whey Protein Isolate price drops

Also get hot deal alerts

*No spam, no scams.*

**Disclosure:** PricePLOW relies on pricing from stores with which we have a business relationship. We work hard to keep pricing current, but you may find a better offer.

Posts are sponsored in part by the retailers and/or brands listed on this page.

*Note: This article was originally published on August 20, 2018 and updated with*

the new labeling and ProHydrolase research on November 8, 2022.

## References

1. ProHydrolase – Deerland. (n. d.). Retrieved from <https://www.deerland.com/prohydrolase/>
2. Survey shows 74 percent of Americans living with GI discomfort. (n. d.). Retrieved from <https://www.foxnews.com/health/survey-shows-74-percent-of-americans-living-with-gi-discomfort>
3. Simpson S, Raubenheimer, D; "Obesity: the protein leverage hypothesis"; *Obesity Reviews*; 6(2):133-42; May 2005; <https://pubmed.ncbi.nlm.nih.gov/15836464>
4. Carunchia Whetstine, M, et al; "Characterization of dried whey protein concentrate and isolate flavor"; *Journal of Dairy Science*; 88(11):3826-39; November 2005; <https://pubmed.ncbi.nlm.nih.gov/16230688>
5. Townsend, Jeremy R et al. "The Effect of ProHydrolase® on the Amino Acid and Intramuscular Anabolic Signaling Response to Resistance Exercise in Trained Males." *Sports (Basel, Switzerland)* vol. 8,2 13. 22 Jan. 2020, doi:10.3390/sports8020013; <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7077235/>