

Kaged Outlive 100 Superfoods Powder: Now in Lemon!

written by PricePLOW Staff | December 24, 2022

It can be easy to get so caught up in things like protein powders and pre-workouts that we neglect other aspects of our actual *health*. Companies like Kaged have made an effort to bridge that gap with products like Kaged Outlive 100, along with the recently-released Kaged Mindset and their Kaged Pro-Biotic.



Kaged Outlive 100 has achieved what few have been able to: a superfoods powder that actually tastes great. Well, luckily for us, it's back in a new refreshing flavor: Lemon!

Outlive 100 is a *superfood* powder, and it lives up to the name. Filled to the *brim* with extremely high quality ingredients, the formula is clearly built to give your body all of the tools it requires to fight against the harmful effects of *free radicals* and inflammation. We've covered the Outlive 100 formula before, and we *love* it.

Today, though, we have two pieces of news about Outlive 100. First of all, like the rest of the Kaged line, it got a makeover this year. The new bottle design is slimmed down and *sleek*, perhaps to pay homage to the state of your digestive system after taking it for a while.

Even better, Outlive 100 has a brand new flavor that we can't wait to try—*Lemon!*

Great flavors + greens powders = possible?

If you've ever had generic supermarket greens powders, it may have left a bad taste in your mouth... literally.



When you pack dozens of ingredients – including a bunch of grasses and vegetables – into a powder, it can be *understandably* difficult to make it palatable as a drink. Oftentimes, you just want to get the process over with as quickly as possible.

Kaged recognized this challenge and decided to take it on. After what we can only imagine were *copious* painstaking hours of trial and error, they launched Outlive 100 with a short list of very good flavors – so good, in fact, that it's easy to forget you're drinking *wheatgrass*.

So we are beyond excited that they're back with a new one launched at The Vitamin Shoppe: **Lemon**. Refreshing, zippy, peppy – a perfect flavor to go along with the cleansing effects of Outlive 100's formula.

We're going to dive into a little summary on how Outlive 100 works, but first, let's check the PricePLOW for good Kaged deals, and check out our *video review* of the new flavor:

Kaged Outlive 100 – Deals and Price Drop Alerts

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Get Outlive 100 Price Alerts Get Kaged alerts Get Greens Powder price drops

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Kaged Outlive 100 – How It Works

Supplement Facts			
Serving Size: 1 scoop (16.7 g)			
Servings Per Container: 30			
Amount per serving	% DV	Amount per serving	% DV
Calories	50	Beet Root Powder	350 mg †
Total Carbohydrate	12 g 5%†	ORGANIC CLEANSE & DETOX BLEND	
Dietary Fiber	8 g 6%†	Apple Fruit Cider Vinegar Powder	1500 mg †
Total Sugars	1 g †	Cranberry Whole Fruit Juice Powder	500 mg †
Sugar Alcohol (Organic Erythritol)	1 g †	Coconut Fruit Water Powder	500 mg †
Protein	1 g †	Turmeric Root Powder	300 mg †
Vitamin C (From Acerola Cherry Fruit Juice Powder)	50 mg 56%	Lemon Fruit Juice Powder	135 mg †
ORGANIC ALKALIZING GREENS BLEND		Cinnamon Bark Powder	50 mg †
Wheat Grass Young Leaf Powder	1250 mg †	Ginger Root Powder	75 mg †
Spirulina Powder	1000 mg †	ORGANIC FIBER & DIGESTION BLEND	
Barley Grass Young Leaf Powder	1000 mg †	Gum Acacia Fiber	1000 mg †
Alfalfa Grass Leaf Powder	1000 mg †	Quinoa (Chenopodium quinoa) Grain Powder	500 mg †
Chlorella Powder	500 mg †	Kiwi (Actinidia chinensis var. deliciosa) Fruit Concentrate (as Actazin®)	100 mg †
Matcha Leaf (Camellia sinensis L.) Powder	500 mg †	Aloe Vera Inner Leaf Powder (as ACTiValeo®)	50 mg †
Kale Leaf & Stalk (Brassica oleracea var. acephala) Powder	250 mg †	Black Pepper Fruit Powder	50 mg †
Broccoli Bud & Stalk Powder	250 mg †	ORGANIC ADAPTOGEN	
Spinach Leaf Powder	250 mg †	Ashwagandha Root Extract (Withania somnifera) KSM-66®†	300 mg †
ORGANIC SUPERFOOD & ANTIOXIDANT BLEND			
Acai Fruit (Euterpe oleracea Mart.) Juice Powder	500 mg †		
Blueberry Fruit Powder	500 mg †		
Goji (Lycium barbarum) Fruit Powder	350 mg †		

For a more in-depth review of the ingredients, check out our main article on Outlive 100. Here's a recap:

- **Organic Alkalizing Greens Blend**

The greens blend in Outlive 100 is top-notch, boasting 9 different sources of greens. The reason greens are so important to maintaining overall health is their *chlorophyll* content, which when absorbed by the body helps to activate *phase two enzymes*, which protect against free radical damage. As a result, consuming greens on a regular basis can result in a better functioning immune system, increased energy, and improved vitality.

Here are the ingredients in *Organic Alkalizing Greens Blend*:

- **Organic Wheat Grass – 1250mg**
- **Organic Spirulina – 1000mg**
- **Organic Barley Grass – 1000mg**
- **Organic Alfalfa Grass – 1000mg**
- **Organic Chlorella – 500mg**
- **Organic Matcha Powder – 500mg**
- **Organic Broccoli Powder – 250mg**
- **Organic Kale Powder – 250mg**
- **Organic Spinach Powder – 250mg**

- **Organic Superfood & Antioxidant Blend**



In addition to the antioxidant activation provided by the greens blend, Outlive 100 has included a separate superfood “reds” blend that provides extra antioxidants to grant even further protection against the degenerative effects of free radicals.

Here are the ingredients in *Organic Alkalizing Greens Blend*:

- **Acai Fruit Juice Powder – 550mg**
- **Organic Blueberry Powder – 500mg**
- **Organic Goji Fruit Powder – 350mg**
- **Organic Beet Root Powder – 350mg**

- **Organic Cleanse & Detox Blend**

Refusing to stop at simple greens and reds, Kaged has bolstered the formula with a blend dedicated to actively cleansing and detoxing the body. **Apple cider vinegar powder** plays a cornerstone role due to its long-studied antimicrobial and antioxidative properties. They also included **turmeric root**, which has had a long run in history and the supplement industry for its anti-inflammatory mechanisms of action.

- **Organic Apple Cider Vinegar Powder – 1500mg**
- **Organic Cranberry Juice – 500mg**



Turmeric is *beyond* helpful when it comes to anti-inflammatory response

Organic Turmeric Root Powder – 300mg

- **Organic Lemon Juice Powder – 125mg**
- **Organic Cinnamon Bark Powder – 50mg**
- **Organic Ginger Root Powder – 25mg**

• **Organic Fiber & Digestion Blend**

Of course, what use are all of Outlive 100's powerful antioxidant ingredients if your digestion is poor and your body can't fully utilize them? The Organic Fiber & Digestion Blend contains ingredients like **acacia fiber**, **quinoa powder** and **aloe** to make sure your digestive system is running like a well-oiled machine.

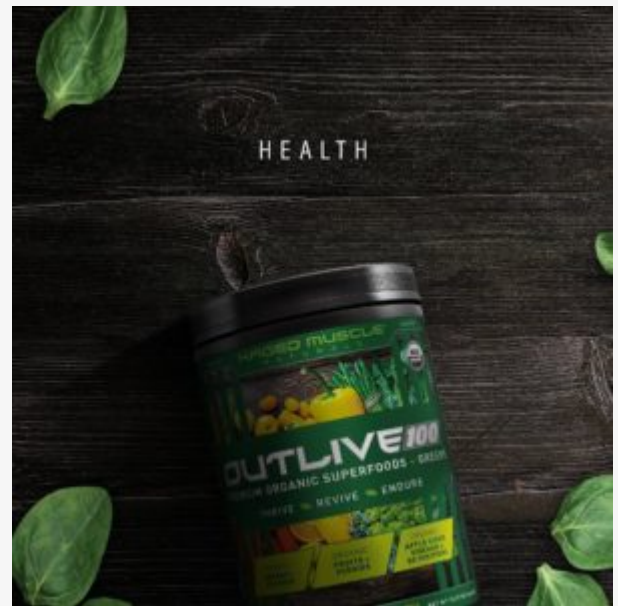
Here's a full list of the ingredients in the blend:

- **Organic Acacia Fiber – 1000mg**
- **Organic Quinoa Grain Powder (as QuinoaTrim) – 500mg**
- **Organic Kiwi Fruit Concentrate (as Actazin) – 100mg**
- **Organic Aloe Inner Leaf Powder (as ACTIVAloe) – 50mg**
- **Organic Black Pepper Extract – 50mg**

• **Organic Adaptogen**

To top it all off, Kaged included the popular adaptogen **ashwagandha root extract** (300 milligrams). *Adaptogens* are a class of metabolic regulators that help the body decrease stress-based damage and return itself back to homeostasis. Multiple studies have shown ashwagandha's efficacy when it comes to lowering *cortisol* levels.

All Kaged Outlive 100 flavors



Kaged Outlive 100 also comes in Berry and Apple Cinnamon flavors!

Kaged Outlive has a few other awesome flavors. Check out our up-to-date list below:

Tasty and healthy, and now Lemon's at Vitamin Shoppe

Most of us had a pretty innate *distaste* for vegetables as kids. For good reason. Greens taste like cardboard at best. That doesn't change the fact, however, that with their unsatisfying flavor comes an *incredible* array of benefits that improve bodily functions on a deep level.

So what are we to do? Well, you could cook up some vegetables in a bunch of salt and spices, but that's time-consuming for still only a moderate level of culinary payoff. For people like us, green powders are really a *godsend*. They're easy to throw in a shaker bottle and head out for the day, and they guarantee that we will get all of the antioxidants we need.

The taste issue still remains, though. Except, if we were to be so bold, in the case of Kaged Outlive 100. Somehow, they've cracked the green-stuff flavor code, and lemon carries on this burgeoning legacy.

ORGANIC // SUPERFOODS // GREENS // ANTIOXIDANTS // DIGESTION // DETOX // ADAPTOGENS // FRUITS // VEGETABLES

ALL-IN-ONE SUPERFOOD NUTRITION
Each serving of Outlive 100 is packed with the cleanest greens, herbs, superfruits, botanicals, and adaptogens on the planet. It tastes incredible without artificial flavors or colors. In just one convenient scoop, you'll cover your nutritional bases, making it easy to get your daily fill of super-nutrients. Outlive 100 helps to boost energy, strengthen your immune system, and restore balance to your daily nutrition.*

ORGANIC GREENS & BRASSES
Kale, Spinach, Swiss Chard, Broccoli, Cauliflower, Brussels Sprouts, Organic Spinach

ORGANIC SUPERFOODS
Blueberries, Raspberries, Blackberries, Organic Acai

ORGANIC ELANSE
Organic Lemon, Organic Lemon Peel, Organic Lemon Juice

ORGANIC ADAPTOGEN
Organic Ashwagandha

HEALTHY SWEETENERS
Organic Stevia

ORGANIC SUPERFOODS
Organic Spirulina

ORGANIC ADAPTOGEN
Organic Ashwagandha

ORGANIC SUPERFOOD GREENS /// LEMON

KAGED OUTLIVE 100

Supplement Facts

Supplement Facts	
Serving Size: 1 Scoop (10g)	
Amount Per Serving	
Total Weight	10g
Total Protein	10g
Total Carbohydrate	10g
Total Fat	10g
Total Fiber	10g
Total Sugar	10g
Total Antioxidants	10g
Total Adaptogens	10g
Total Superfoods	10g
Total Greens	10g
Total Fruits	10g
Total Vegetables	10g

NEVER STOP EVOLVING ///

DIETARY SUPPLEMENT - NET WT 15.47 OZ (437.1g) (301.83) - NATURALLY FLAVORED

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