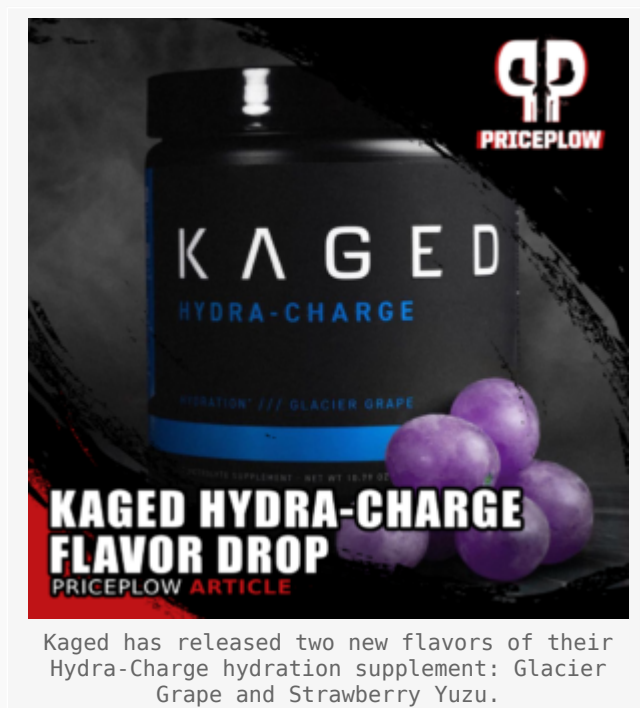


Kaged Hydra-Charge Flavor Drop: Strawberry Yuzu & Glacier Grape

written by PricePLOW Staff | December 7, 2022

*Kaged has released full-size tubs in two of their best flavor systems of Hydra-Charge – **Strawberry Yuzu** and **Glacier Grape**!*

In a perfect world, we'd all make our supplement purchasing decisions solely on formula *ingredients*. After all, the point of supplementation is – or should be – to *improve health*. We should all be looking for supplements that will give us the *effects* we're looking for.



There's a catch, though. Sometimes, you just want to try a single ingredient, or other times, the supplement you want happens to taste *really* bad.

So what can you do?

You can turn to Hydra-Charge from **Kaged**. Quite literally the *best* overall tasting product we regularly take, thanks to its *natural* flavors and mostly-natural sweetening. And it also happens to double as a hydration aid!

Now out in Strawberry Yuzu and Glacier Grape

And now there are two new flavors in the full-size 60 serving tubs: **Strawberry Yuzu** and **Glacier Grape**. These aren't *completely* new flavors, though – they're also offered in the 20-serving stick-pack boxes. But once you've tried either of them, you'll realize why so many Kaged customers were asking for *full-size* tubs – they're both downright *incredible* flavor systems!

The Flavor System That Also Hydrates You: Hydra-Charge

Hydra-Charge was originally developed by Kaged as a *modular flavor system*, meant to be *combined* with any and all of Kaged's *unflavored supps*. The idea was to give consumers the widest possible range of *choices* to use for *custom flavoring* their own supplements.

Let's check prices, check out our video, then explain what exactly a *Yuzu* is:

Kaged Hydra-Charge – Deals and Price Drop Alerts

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Get Hydra-Charge Price Alerts Get Kaged alerts Get Electrolytes price drops

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New Hydra-Charge Flavors!

Today we're writing to let you know about the two *latest* Hydra-Charge flavors. When you finally try them, you'll see why Kaged has had so much trouble keeping them in stock – they've been absolutely *flying* off the shelves.

- **Strawberry Yuzu**



Sweet and a little bit tangy – Hydra-Charge Strawberry Yuzu is unique and too tasty to stay on the shelves for very long.

We all know what strawberries are, and most of us love them. Western consumers might be a little less familiar with the **yuzu**, a citrus fruit that's native to Asia and has a *powerful* flavor.

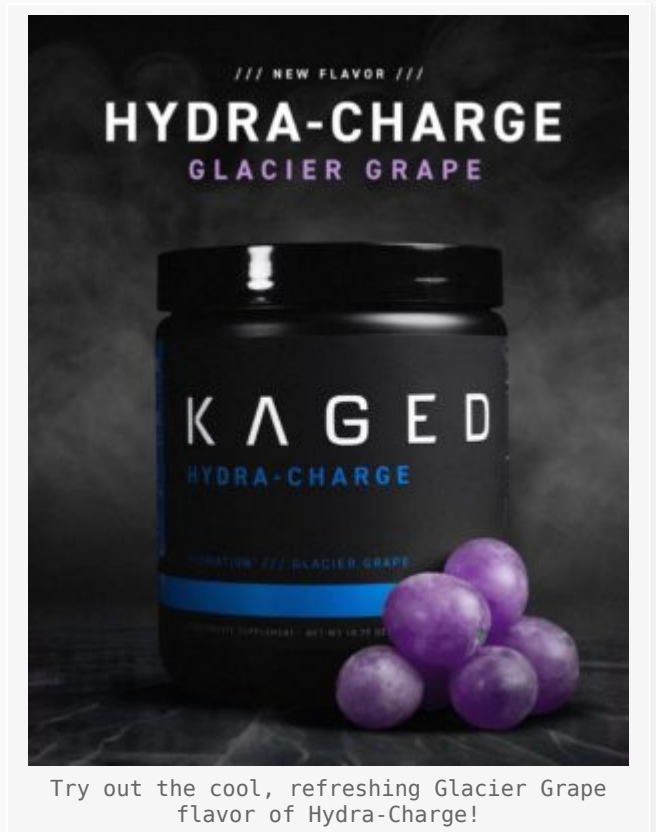
The aromatic oils of yuzu are so appealing that in Japanese culture, there's actually a tradition of *bathing* in water that contains whole yuzu fruits on the winter solstice![1]

The yuzu's flavor has been described as somewhere between a *grapefruit* and a *mandarin orange*. But with Kaged's rendition, it's definitely heavier on the strawberry side, and lighter on the citrus side – perfect for most of our palates.

After having it, it blows the common “strawberry lemonade” flavor systems out of the water. We can't think of a better fruit to combine with strawberry at this point – it's that good.

• **Glacier Grape**

What we love about this flavor is its subtlety. It's not *over-sweet*, and it doesn't taste *too* much like grapes. Like the *Watermelon Pre-Kaged Sport* flavor, it toes the line between a candy flavor and a realistic flavor true to the fruit. So you aren't getting the *grape juice experience* with this flavor, but in our opinion that's a good thing.



Try out the cool, refreshing Glacier Grape flavor of Hydra-Charge!

Chill it on *ice* and you'll see exactly how it earns the name *glacier* grape – the subtlety of the flavor really helps the icy coldness of your drink come to the fore, *exactly* what most of us are looking for when we hydrate on a hot summer day or after a crazy workout in the gym.

Hydra-Charge: Not just for unflavored supplements

Although Kaged originally developed Hydra-Charge to flavor *unflavored* supplements, you can also use it solo as a hydration drink. Even more interesting is when you use it to *re-flavor* supplements you don't like. Of course, results may vary depending on which flavor of Hydra-Charge and which flavor supplement you have, but the PricePlow staff have done this before with a solid degree of success.

An exceptionally *clean* supplement flavor system

The *best* part of Hydra-Charge is that it uses **natural flavors and as little artificial sweetener as possible**.

Again, this comes down to creating a flavor system that is useful for the *widest* possible range of consumers. We all know that some people don't do well with artificial sweeteners, flavors and dyes, simply don't like them, or even have safety concerns.

Kaged created Hydra-Charge with *all* of that in mind, helping ameliorate *purity* concerns, which is a big sticking point for some people when it comes to supplementation.

Ingredients

Here's what you get in Hydra-Charge from Kaged:

Supplement Facts		
Serving Size: 1 scoop (5.2 g)		
Servings Per Container: about 60		
	Amount per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Calcium	37 mg	3%
Phosphorus	37 mg	3%
Magnesium	15 mg	4%
Sodium	115 mg	5%
Potassium	107 mg	2%
Taurine	1 g	‡
Coconut Fruit Water Powder	500 mg	‡
SPECTRA™	100 mg	‡
Total ORAC Blend		
Coffee extract (<i>Coffea arabica</i>) (whole fruit), green tea extract (leaf), broccoli sprout concentrate (sprout), onion extract (bulb), apple extract (fruit), acerola extract (fruit), camu camu concentrate (fruit), quercetin (<i>Sophora japonica</i> L.) (flower), tomato concentrate (fruit), broccoli concentrate (floret and stems), acai concentrate (<i>Euterpe oleracea</i> Mart.) (fruit), basil concentrate (leaf), cinnamon concentrate (<i>Cinnamomum cassia/burmannii</i> blend) (bark), garlic concentrate (clove), oregano concentrate (leaf), turmeric extract (rhizome), carrot concentrate (root), elderberry concentrate (<i>Sambucus nigra</i>) (fruit), mangosteen concentrate (fruit), blackberry concentrate (fruit), blackcurrant extract (fruit), blueberry extract (fruit), chokeberry concentrate (<i>Aronia melanocarpa</i>) (fruit), raspberry concentrate (fruit), sweet cherry concentrate (fruit), spinach concentrate (leaf), kale concentrate (<i>Brassica oleracea</i> var. <i>sabellica</i>) (leaf), bilberry extract (fruit), brussels sprout concentrate (<i>Brassica oleracea</i> var. <i>gemmifera</i>) (sprout).		
† Percent Daily Values (DV) are based on a 2,000 calorie diet.		
‡ Daily Value not established.		

APPLE LIMEADE

Kaged Hydra-Charge Ingredients

Magnesium (15mg): an essential mineral and electrolyte that's crucial for *hundreds* of different enzymatic reactions in human metabolism. Magnesium supplementation has been shown to *significantly* reduce cortisol levels,

particularly in those who are deficient, which these days is not uncommon since the magnesium content of our food has been *declining*.

- **Phosphorus (37mg)**: this mineral is crucial for good bone and teeth health, and for protein synthesis. What most don't know is that phosphorus is also an electrolyte.
- **Sodium (115mg)**: crucial for good fluid balance and hydration. Also important for muscular contractions and nerve transmission. Sodium tends to feature prominently in hydration formulas for two reasons: first, we lose a lot of sodium in sweat, and second, water with *too little* sodium and other minerals can actually make electrolyte loss *worse*.
- **Potassium (107mg)**: another key *fluid balancing electrolyte mineral*. Potassium is probably *most* important as a regulator of *blood pressure*. Although sodium and potassium are often discussed as being opposed to each other, it's important to note that *adequate sodium is necessary for potassium retention*. Don't get enough salt, and you'll wind up potassium deficient as well.
- **Calcium (37mg)**: we all know calcium's role in bone health, but it's also crucial for cardiovascular function. Calcium suppresses the secretion of *parathyroid hormone*, a stress hormone that raises cortisol.
- **Taurine (1g)**: a simply *awesome* supplement with tons of profound and seemingly unrelated benefits. Taurine is a cerebral antioxidant that promotes good *neuronal mitochondria function*. It opposes the action of the excitatory neurotransmitter *glutamate*, and can thus help take the edge off any stimulants you're using in your supplement stack (including caffeine!). Taurine also supports good thyroid function and cellular hydration. The list of taurine's benefits doesn't even end there! We consider taurine to be an *ergogenic aid*.
- **Coconut water powder (500mg)**: coconut water is an awesome natural source of electrolytes. This is where much of the *hydration power* in Hydra-Charge comes from.
- **SPECTRA antioxidant blend (100mg)**: as you probably know, *oxidative stress* is a big area of concern for health, longevity and performance researchers. We need *antioxidants* with a high ORAC score (Oxygen Radical Absorbance Capacity) to help defend our precious cells and DNA from free radical damage, and that's where the SPECTRA blend comes in. It combines *24 different high-ORAC foods and herbs* to keep your oxidative and mutagenic load down.

For more details, see our article titled *Kaged Muscle Hydra-Charge: Hydration or Flavor System? How about BOTH!*. And if you want a naturally-caffeinated version, check out *Hydra-Charge Amped*

All Flavors Available

Check out *all* the awesome Hydra-Charge flavors here at PricePLOW:



Two Must-Try, Natural Flavors

When a company creates a product that's meant to be used as a *flavor system*, we expect those flavors to be *really good*. Fortunately for all of us, Kaged has *delivered* with Glacier Grape and Strawberry Yuzu – they really outdid themselves on this one.

Buy these flavors up before they sell out (again)!

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References

1. *"Soaking and Seasoning: The Aromatic Pleasures of "Yuzu.""* Nippon.com, 21 Dec. 2016, www.nippon.com/en/views/b06004/