

5% Nutrition Legendary Kit: BLACKOUT Edition in Maui Twist

written by PricePLOW Staff | January 18, 2023

Rich Piana's 5% Nutrition did a lot of cool things in 2022. They released **Probio-75**, a juiced-up probiotic supplement containing a whopping 75 billion colony forming units, **DRINK SLEEP GROW**, an ace-in-the-hole for total recovery, and **Hydrate STK**, a unique hydration formula containing SAME. We also loved their *hot chocolate* flavor of **Knocked the F*ck Out**.



It only makes sense that 5% Nutrition would bring that same energy into 2023. On January 18th, the new **Legendary Kit: Blackout Edition** will be for sale, and it's a *steal*. Containing three premium 5% supplements, a brand new flavor (*Maui Twist!*), and some swag, this Legendary Kit lives up to its name.

What's in the Legendary Kit Blackout Edition?

The quick and short of it is that you'll get the following three supplements in the new **Maui Twist** flavor:

- **Kill It Reloaded** stimulant-based pre-workout supplement
- **ALL DAY YOU MAY** intra/post/anytime amino acid feeder
- **Full as F*ck** stimulant-free nitric oxide pump supplement

We dig into the details below, but first check PricePLOW for our coupon-based prices and to see if it ever drops in any other flavors:

Rich Piana 5% Nutrition Legendary Kit: Blackout Edition – Deals and Price Drop Alerts

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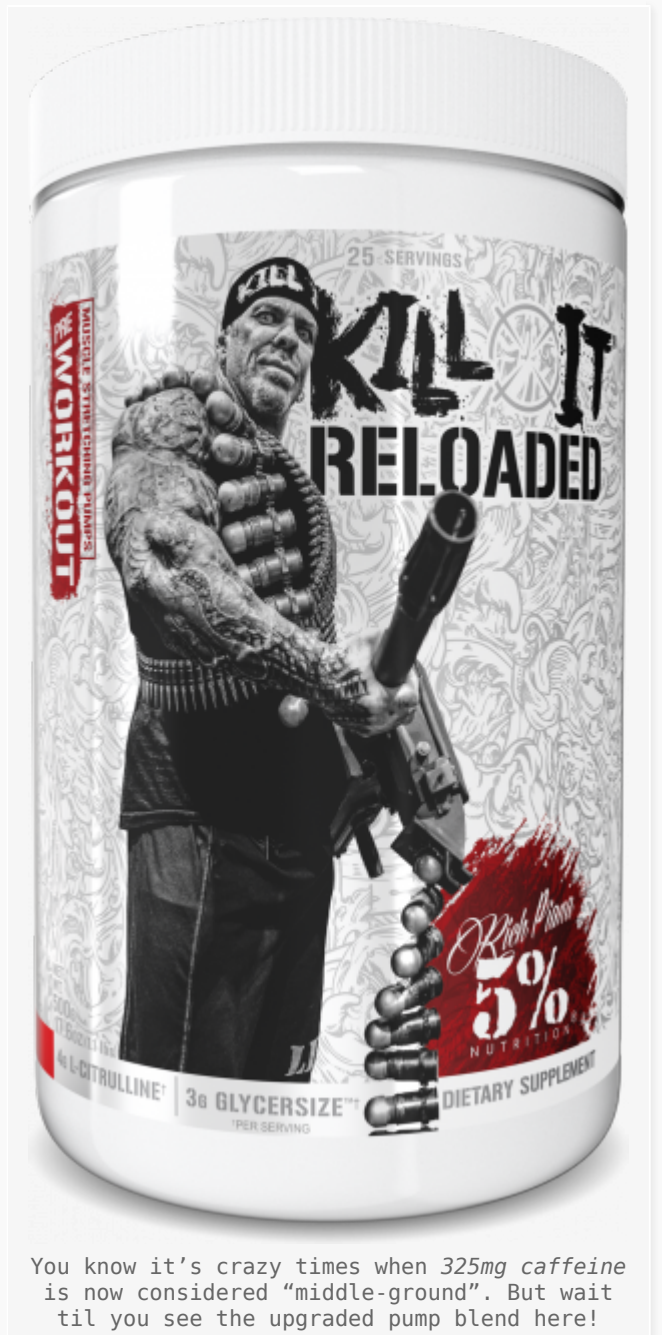
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Legendary Kit: Blackout Edition

Let's get into the meat. In each kit, you'll get the following items:

- **Kill It RELOADED**



You know it's crazy times when 325mg caffeine is now considered "middle-ground". But wait til you see the upgraded pump blend here!

As one of 5% Nutrition's foundational products, **Kill It RELOADED** has been iterated and re-released multiple times at this point, and it just keeps getting better. After each "reload", it gets bigger, in a way that would make Rich Piana proud: bigger servings, more caffeine, and a greater collection of nootropic ingredients.

Kill It Reloaded is a serious pre-workout for a serious athlete. Bolstered with awesome ingredients like *GlycerSize* and *Nitrosigine*, Kill It Reloaded is a well-executed pre-workout supplement.

Here are all the ingredients in Kill It RELOADED:

- **N.O. Blend** containing *L-citrulline* (4,000mg), *GlycerSize* (3,000mg), beta-

alanine (2,000mg), L-aurine (2,000mg), betaine (1,000mg), and Nitrosigine (750mg).

- **Nootropic Blend** containing *choline bitartrate* (500mg), *L-theanine* (100mg), and *huperzia serrata extract* (100mcg).
- **Creatine Blend – 2500mg**
- **Stim Blend** containing *caffeine anhydrous* (267mg), *caffeine citrate* (50mg), *Infinergy dicaffeine malate* (50mg).
- **Raw Coconut Water Concentrate (100mg)**

For a more in-depth review of Kill It RELOADED, check out our main article on the formula titled *5% Nutrition Kill It RELOADED Upgraded and Does Rich Piana Proud*.

• All Day You May



As the name suggests, **All Day You May** is an amino acid formula that is formulated to be sipped on throughout the day, rather than chugged in a sitting. Throw a scoop in a water bottle, and enjoy the rejuvenating elixir as you go about your day.

Refusing to be mistaken for just any other amino acid formula, ADYM includes an *Intra-Cellular Buffer Blend* containing endurance-promoting *beta-alanine*, and a *Joint & Liver Support Blend* for effortless recovery.

Here are the ingredients in each 15g scoop of ADYM:

- **BCAA Blend (6,000mg)** contains *L-leucine*, *L-isoleucine*, and *L-valine*.
- **Conditionally Essential Amino Acid Blend (2,750mg)** contains *L-glutamine*, and *L-carnitine L-tartrate*
- **Amino Acid Support Blend (960mg)** contains *L-aurine*, *raw coconut water concentrate*, *leucic acid*, *bromelain*, and *blueberry powder*.

- **The Intra-Cellular Buffer Blend (800mg)** contains *beta-alanine*, *dicalcium phosphate* and *sodium bicarbonate*.
- **Joint & Liver Support Blend (650mg)** contains *D-glucosamine sulfate potassium*, *MSM*, and *milk thistle*.
- **Essential Amino Acid Blend (250mg)** contains *L-phenylalanine*, *L-threonine*, *L-lysine*, *L-histidine*, *L-tryptophan*, and *L-methionine*.

For a deeper look into ADYM's formula, head on over to our main post titled *5% Nutrition's ALL DAY YOU MAY: Rich Piana's LEGENDARY Amino Supplement*.

• FULL AS F*CK

The stim-free counterpart to Kill It Reloaded, **FULL AS F*CK** is a pump-boosting titan. As always, 5% Nutrition goes big here, in an effort to provide users with some of the fullest pumps of their athletic careers.



With a hefty 5,000 milligram dose of *L-citrulline*, and 2,000 milligrams of both *L-aurine* and *GlycerSize*, FULL AS F*CK is not here to mess around.

Here are the ingredients in each 15g scoop of FULL AS F*CK:

- **L-citrulline (5,000mg)**
- **L-aurine (2,000mg)**
- **GlycerSize (2,000mg)**
- **Nitrosigine (500mg)**
- **Beet root (500mg)**

- **Dan shen extract (100mg)**
- **S7 (50mg)**
- **BioPerine (5mg)**

Want a deeper dive into what's in FULL AS F*CK? Check out our main article titled *Rich Piana's Full As F*ck Pump Pre Workout Goes Legendary*.

- **Swag**

In addition to the three bottles, each Legendary Kit comes with a stylish red Rich Piana t-shirt, as well as a Legendary Decal. Pretty spiffy.

Maui Twist: A Brand New Flavor



How much creatine you need to get to saturation depends on a few factors, including how much meat you eat

The biggest news to come out of this Legendary Kit Blackout Edition is a new flavor across all three included supplements: *Maui Twist*.

As winter grinds on and the charm of holiday cheer fades away, our minds start to turn towards warmer, sunnier climes. In what may be the perfect vehicle to drive us through these January blues, Maui Twist is a brand new flavor system meant to evoke the tangy, exotic notes of the equatorial tropics.

Combining assorted flavors like pineapple, kiwi, and coconut, Maui Twist is a breath of fresh, humid air. As the wind bites your cheeks, keep your mind focused on the better days ahead when you can *finally* shed your layers and show off that FULL AS F*CK pump in public.

Everything you need for a crazy good workout to start 2023

Well, it's the middle of January. Hopefully your gains are on track and your fitness resolutions are still *intact*. Regardless, we all need a little boost to power us through our work and recovery cycles.

Legendary Kit contains everything you need to make it through to the other side, effortlessly. With all three tubs coming in Maui Twist, it's a *breeze* to stack and optimize for peak performance.

If this is any indication of 5% Nutrition's energy going into 2023, we're here for it. You can check out the deals and sign up for new product notifications through PricePLOW below:

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