

Aaron Singerman Interview: Business, Supplements, and FOCUS | Episode #003

written by Mike Roberto | October 10, 2017

On **November 6, 2016**, I had the honor to interview **Aaron Singerman**, the successful businessman, husband, and father who owns *Redcon1* and half of *Prime Nutrition*.

Our conversation ranged from Redcon1 updates to supplements to entrepreneurship, as well as the current state of Aaron's relationship with PJ Braun of Blackstone Labs.

It's an hour long, so sit back and enjoy:

Aaron Singerman Discusses the Present, Future, and the Past:

[SUBSCRIBE ON YouTube](#)

Listen to the Audio Version

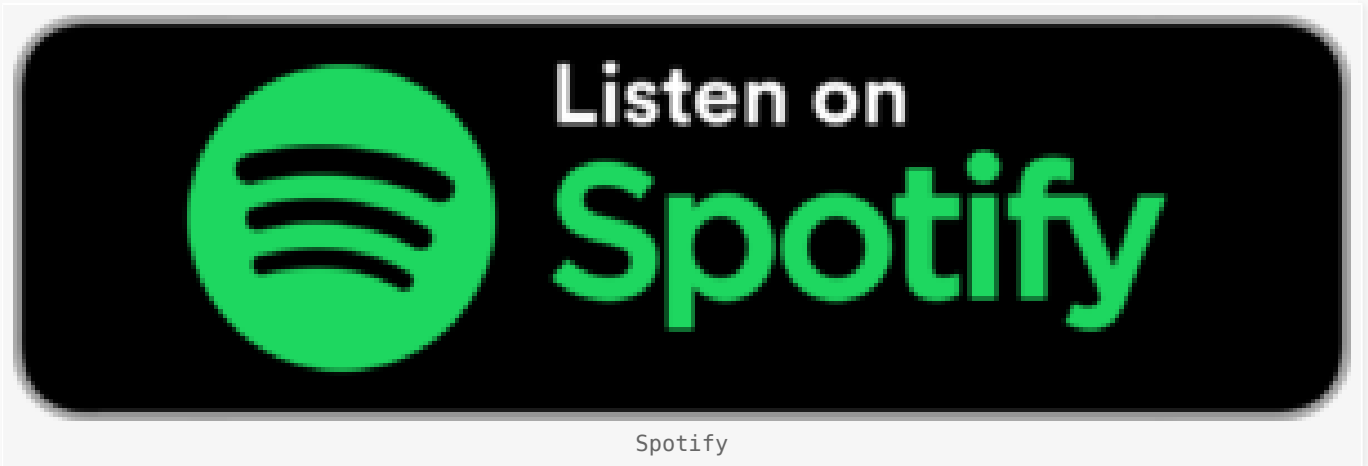
Low bandwidth? Just download or listen to audio instead:

https://media.blubrry.com/priceflow/blog.priceflow.com/wp-content/uploads/podcasts/priceflow-podcast-003-aaron_singerman-starting_redcon1-and-getting-focused.mp3

Podcast: [Play in new window](#) | [Download](#) (Duration: 1:02:58 – 42.4MB)

Subscribe to the PriceFlow Podcast on Your Favorite Service (RSS)





Spotify



Google Podcasts



YouTube

New Interview Posted – Mr. Olympia 2017!

Mike has yet another interview with Aaron, discussing the new products coming out in Q4 of 2017!

[SUBSCRIBE ON YouTube](#)

Related Links

- [Redcon1: The Highest State of Readiness](#) (our write-up on Redcon1)
- [The story about Jared Wheat's acquisition of half of Prime Nutrition](#)



The Redcon1 Tier Operator Program

- Aaron's Recommended Books:
 - **Extreme Ownership**, by Jocko Willink
 - **Leading Fearlessly**, by Jordan Zimmerman
 - **Gary Vaynerchuck's Books**
- PricePLOW: Compare Prices on all Prime Nutrition supplements
- PricePLOW: Compare Prices on all Redcon1 supplements

Other related posts:

All blog posts mentioning Aaron Singerman:

- **Blessing Awodibu: The Boogieman Joins MuscleTech | PPP #076** Posted on: December 6, 2022
- **Indictment Unsealed: Six Charged in DOJ "Supplement" Bust** Posted on: March 13, 2019
- **RedCon1 Launches at Vitamin Shoppe in 2018, Their Biggest to Date** Posted on: May 7, 2018
- **RedCon1 TOTAL WAR 2018: The International Wave of Warfare is Here** Posted on: April 27, 2018
- **RedCon1 GI Juice: Digestive Enzymes Go Reds Over Greens** Posted on: April 10, 2018
- **RedCon1 MRE Lite: Dairy-Free Protein Powder That Doesn't Suck** Posted on: March 8, 2018
- **RedCon1 MRE Bar: Low-Dairy Protein Bar Stuns the Masses** Posted on: February 27, 2018
- **RedCon1 Grunt: Military-Grade EAA Formula for Military-Grade Gains** Posted on: February 12, 2018
- **The Supplement Industry 2017 Year in Review: The 10 Biggest Stories** Posted on: January 3, 2018

- **RedCon1 2017 Recap: A Groundbreaking First Year in Business** Posted on: November 27, 2017
- **Dallas McCarver Interview: RedCon1 Athlete 2 Weeks Out from the Arnold! | #006** Posted on: November 17, 2017
- **Aaron Singerman Interview: Business, Supplements, and FOCUS | Episode #003** Posted on: October 10, 2017
- **RedCon1 BOOM STICK Brings Some Serious Wood!** Posted on: October 2, 2017
- **BREAKING: Dallas McCarver Has Passed Away** Posted on: August 22, 2017
- **RedCon1 MRE: Military-Inspired Meal Replacement... That Tastes GREAT** Posted on: May 13, 2017
- **Patriot PAWS Day on PricePLOW a \$2000 Success!** Posted on: March 13, 2017
- **RedCon1 Readiness Trials: \$10000 Transformation Challenge!** Posted on: January 24, 2017
- **RedCon1 Tier Operator Program Makes Waves in Affiliate World** Posted on: December 6, 2016
- **RedCon1 Mental Trigger Brings the BRAIN Gains** Posted on: October 12, 2016
- **Prime Nutrition Shares Acquired by Jared Wheat** Posted on: October 5, 2016

All blog posts mentioning Redcon1:

- **Blessing Awodibu: The Boogiemani Joins MuscleTech | PPP #076** Posted on: December 6, 2022
- **PricePLOW's Best Fat Burner Buyer's Guide, with 2020's Top 5** Posted on: September 19, 2019
- **Indictment Unsealed: Six Charged in DOJ "Supplement" Bust** Posted on: March 13, 2019
- **Redcon1 Declares Total War RTD (Pre Workout in a Bottle)!** Posted on: December 31, 2018
- **Redcon1 Cereal Bars Announced, and They're Whey-Powered** Posted on: October 26, 2018
- **Redcon1 Waterboard: The Diuretic That "Tortures" Water from Your Cells** Posted on: September 23, 2018
- **Get Ready for Iced CARROT CAKE MRE Bar from Redcon1** Posted on: July 9, 2018
- **RedCon1 MOAB Muscle Builder: The Mother of all Leucine Bombs** Posted on: June 13, 2018
- **MRE Lite Getting Two New Flavors: Oatmeal Chocolate Chip & Pecan Pie** Posted on: May 14, 2018
- **RedCon1 Launches at Vitamin Shoppe in 2018, Their Biggest to Date** Posted on: May 7, 2018
- **RedCon1 TOTAL WAR 2018: The International Wave of Warfare is Here** Posted on: April 27, 2018
- **Supplement Central Shuts Down, Blames Current State of Retail?** Posted on: April 23, 2018

- RedCon1 GI Juice: Digestive Enzymes Go Reds Over Greens Posted on: April 10, 2018
- RedCon1 MRE Lite: Dairy-Free Protein Powder That Doesn't Suck Posted on: March 8, 2018
- RedCon1 MRE Bar: Low-Dairy Protein Bar Stuns the Masses Posted on: February 27, 2018
- RedCon1 Grunt: Military-Grade EAA Formula for Military-Grade Gains Posted on: February 12, 2018
- The Supplement Industry 2017 Year in Review: The 10 Biggest Stories Posted on: January 3, 2018
- Redcon1 Ration: The Swiss Army Knife of Whey Proteins Posted on: December 13, 2017
- RedCon1 2017 Recap: A Groundbreaking First Year in Business Posted on: November 27, 2017
- Dallas McCarver Interview: RedCon1 Athlete 2 Weeks Out from the Arnold! | #006
Posted on: November 17, 2017
- RedCon1 Med+KIT: Everything Your Multivitamin Missed Posted on: October 20, 2017
- Aaron Singerman Interview: Business, Supplements, and FOCUS | Episode #003
Posted on: October 10, 2017
- RedCon1 BOOM STICK Brings Some Serious Wood! Posted on: October 2, 2017
- BREAKING: Dallas McCarver Has Passed Away Posted on: August 22, 2017
- RedCon1 RPG: Take a Grenade to Glucose Posted on: July 17, 2017
- RedCon1 BREACH: Combat-Ready BCAA Supplement Posted on: June 22, 2017
- RedCon1 MRE: Military-Inspired Meal Replacement... That Tastes GREAT Posted on: May 13, 2017
- Patriot PAWS Day on PricePlow a \$2000 Success! Posted on: March 13, 2017
- RedCon1 Readiness Trials: \$10000 Transformation Challenge! Posted on: January 24, 2017
- RedCon1 Tier Operator Program Makes Waves in Affiliate World Posted on: December 6, 2016
- RedCon1 Mental Trigger Brings the BRAIN Gains Posted on: October 12, 2016

All blog posts mentioning Prime Nutrition:

- Aaron Singerman Interview: Business, Supplements, and FOCUS | Episode #003
Posted on: October 10, 2017
- Prime Nutrition Shares Acquired by Jared Wheat Posted on: October 5, 2016

Stay tuned for more interviews!