

Ghost Energy WARHEADS Sour Green Apple: Puckered Lips to Valhalla

written by PricePLOW Staff | October 21, 2022

Long bombarded by weak formulas, synthetic caffeine, and chemical-like flavors in the energy drink at your local gas station, **Ghost Energy** is a breath of fresh air. Making a name for themselves with authentic flavors and awesome collaborations, *Ghost Lifestyle* has taken both the sports supplements and beverage markets by storm. And now they're back with another great new flavor, formulated in collaboration with *WARHEADS*.

Ghost Energy WARHEADS Sour Green Apple



We've written about Ghost Energy before, and have been nothing but impressed. Ghost Energy comes packed with *taurine*, *natural caffeine* (200 milligrams), *Alpha-GPC*, *AstraGin*, and a few other perfect ingredients that synergize to form a truly game-changing energy drink.

WARHEADS Sour Green Apple – A tang that will wake you up

“Sour” isn't really a flavor quality conducive to relaxing, so you don't expect it in your bedtime chamomile mix. It *is* perfect, however, when you want to kick yourself into high gear for whatever high-octane adventure you may be undertaking. This green apple goodness will slide down your gullet like a fine, somewhat un-ripe wine and leave you refreshed, satisfied, and ready to rumble.

We're going to take a quick look at the inner workings of Ghost Energy, but first, let's check the PricePLOW blog for some Ghost Energy Deals:

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As your lips pucker, you will feel the energizing ingredients in *WARHEADS Sour Green Apple* course through your veins until you're ready to bench some plates or stay up all night finishing that incredibly important PowerPoint presentation.

Ghost Energy Ingredients



- **Carnipure** is a liquid-stable form of L-Carnitine L-Tartrate, which serves as a fatty acid transporter, allowing the mitochondria to produce ATP (adenosine triphosphate). This can lead to numerous benefits for metabolism, weight loss, and cognition when enough is consumed.
- **Taurine** is one of our favorites at PricePLOW. It has been demonstrated to impart many health benefits, such as: insulin sensitivity improvement, muscular endurance, and glycogen resynthesis. Most importantly, there are indications that taurine combined with caffeine improves mental energy and focus – it helps defeat some of the common negative effects of caffeine.
- **Natural caffeine** (from the unassuming coffee bean) is familiar to everybody, of course, but this particular derivation helps achieve a much cleaner energy

than some “dirtier” synthetic caffeine alternatives found in other energy drinks. There is 200 milligrams of caffeine in each can of Ghost Energy, which is a sweet spot in caffeine content. Not too little, not too much.

- **Alpha-GPC** is an easily-absorbed source of choline, a precursor to *acetylcholine*, which is itself a neurotransmitter responsible for many different functions from memory to muscular control. In this case, we’re interested in its potential cognitive enhancement and energy improvement.
- **NeuroFactor coffee fruit extract** is a trademarked coffee fruit extract that has been demonstrated to boost focus and cognition through improved *brain-derived neurotrophic factor* (BDNF) expression.
- **AstraGin** is an ingredient from NuLiv Science that we’ve been seeing used in more and more supplements thanks to its beneficial gut health effects. It’s a combination of *panax notoginseng* and *astragalus* extracts that has been shown to increase absorption of a broad array of nutrients, from amino acids to omega-3 fatty acids to vitamins.

For a more in-depth ingredient analysis, check out our main *Ghost Energy* article.

All Ghost Energy flavors



Try out the delicious Orange Cream flavor of Ghost Energy!

Ghost pioneered the idea of licensed flavors in the supplement industry. Taking a page from show business, Ghost has collaborated with tons of other brands to can and serve all sorts of nostalgic flavors – like *Swedish Fish* or *Sour Patch*

Kids. Here's a list of all the flavors of Ghost Energy you can get your hands on right now:

Authentic Flavors – Energy drinks *can* actually taste good

Ghost has taken the supplement industry by storm during the last several years. Armed with a seriously impressive marketing strategy, Ghost has broken into the crowded energy drink market and raised the bar for everyone.

No longer can energy drinks get away with tasting like a chemical factory... not when Ghost keeps pumping out delicious and authentic flavors. Its crack team of flavor technicians is almost assuredly fueled by Ghost Energy, themselves.

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CARNIPURE CARNITINE

LEGENDARY ENERGY

EPIC FOCUS

ZERO SUGARS

NO ARTIFICIAL COLORS

0
SUGAR PER CAN

0
SOD PER CAN

0
ARTIFICIAL COLORS

0
TRANSFAT LBS

GHOST **1000MG**
CARNIPURE CARNITINE

200MG **150MG**
NATURAL CAFFEINE ALPHALIPIC ACID

100MG **100%**
NEUROACTIN™ L DAILY VITAMINS