

Bubblicious Strawberry Splash Ghost Energy is Back for Summer '22

written by Mike Roberto | May 6, 2022

Two years ago, *Ghost Lifestyle* launched **Ghost Energy**, and the team has done nothing but make it better with each passing quarter. We've recently covered the phenomenal *Ghost Energy Swedish Fish* and the incredibly underrated *Ghost Energy Orange Cream*, and another amazing flavor is now upon us:

Ghost Energy *Bubblicious Strawberry Splash*



This one's no surprise to fans of Ghost's supplements, who've been treated to limited edition collaborations of the *Bubblicious Strawberry Splash Ghost Legend pre-workout*.

In that article, we comment how the *Strawberry Splash* flavor added is what bubble gum flavored supplements needed. On its own, bubble gum flavoring doesn't transfer to supplement form factors well. But with some added help from the strawberry, it's what we've always wanted!

The same goes with *energy drinks*.

With **Ghost Energy Bubblicious Strawberry Splash**, which has been re-released for Summer 2022, and you can secure a can on the Ghost Lifestyle App if you read this in time!

In our video below, we've got the secret to how this flavor system works, and hopefully it'll be available in stores online, so you can check in with PricePLOW to get alerted when it comes out if you've missed the launch on the

Ghost App:

Ghost Energy Drink – Deals and Price Drop Alerts

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Ghost Energy Nutrition Facts / Ingredients

The major details are in our article titled *Ghost Energy Drink: The Formula Keeps Getting Better*, but below are the quick stats:

STRAWBERRY SPLASH

NUTRITION FACTS	
Serving Size:	1 Can (16 fl oz)
Amount Per Serving	5
CALORIES	
	% Daily Value**
Total Fat 0g	0%
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 1g	<1%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Vitamin C 90mg 100%	Niacin (Vit. B ₃) 16mg 100%
Vitamin B ₆ 1.7mg 100%	Vitamin B ₁₂ 2.4mcg 100%

Not a significant source of saturated fat, trans fat, dietary fiber, vitamin D, calcium, iron and potassium.

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CARBONATED WATER, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, CARNIPURE® L-CARNITINE L-TARTRATE, TAURINE, MALIC ACID, SUCRALOSE, NATURAL CAFFEINE (FROM COFFEE BEAN), SODIUM BENZOATE (PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), ALPHA-GPC (ALPHA-GLYCERYL PHOSPHORYL CHOLINE 50%), ASCORBIC ACID, NEUROFACTOR™ COFFEE (COFFEA ARABICA) FRUIT EXTRACT, TARTARIC ACID, ASTRAGIN® (10:1 ASTRAGALUS MEMBRANACEUS AND 50:1 PANAX NOTOGINSENG) ROOT EXTRACTS, NIACINAMIDE, PYRIDOXAL-5-PHOSPHATE, METHYLCOBALAMIN

GHOST ENERGY	AMOUNT PER CAN
Carnipure® L-Carnitine L-Tartrate	1000 mg
Taurine	1000 mg
Natural Caffeine (from Coffee (Coffea spp.) Bean)	200 mg
Alpha-GPC (Alpha-Glycerol Phosphoryl Choline 50%)	150 mg
NeuroFactor™ Coffee (Coffea arabica) Fruit extract	100 mg
AstraGin® (10:1 Astragalus membranaceus and 50:1 Panax notoginseng) Root extracts	25 mg

VEGAN FRIENDLY **GLUTEN FREE** **SOY FREE** **SUGAR FREE**

Made with Ingredients “worth fighting for” –
see below

- **Calories: 5**
- **Carbohydrates: 1g**

The active ingredients go *well* beyond what’s in your standard energy drink:

- **Carnipure L-Carnitine L-Tartrate – 1000 mg**
- **Taurine – 1000 mg**
- **Natural Caffeine (from Coffee Bean) – 200 mg**
- **Alpha-GPC 50% – 150 mg**
- **NeuroFactor Coffee Fruit Extract – 100 mg**
- **AstraGin – 25 mg**

You can read the details in our main **Ghost Energy Drink** article.

Almost leaked on PricePLOW! See Dan and Ryan’s Q&A:

After *PricePLOW Podcast* Episode #066 with Dan and Ryan from Ghost, which is a must-listen for all Ghost fans and supplement industry followers, we ran a Q&A based on questions received over PricePLOW’s Instagram. Inside, Ryan teased this Ghost Energy Bubblicious launch... so we had to wait until the flavor was read.

You can now see it below:

[SUBSCRIBE ON YouTube](#)

Ingredients worth fighting for

Additionally, in the podcast referenced above, Dan mentions that Ghost Energy’s added ingredients like NuLiv Science’s AstraGin *are worth fighting for*. It’s easy to put these ingredients into a powdered supplement, it’s just a bit more money.

But in energy drinks, where every penny counts, you really have to educate distributors like Anheuser Busch how incredible these ingredients are. Dan gets into this at around the 17-minute mark in this video:

[SUBSCRIBE ON YouTube](#)

So when it comes to a *better* energy drink formula thanks to AstraGin and a full gram of L-carnitine and taurine, we absolutely agree.

All Ghost Energy Flavors



Not into Bubblicious, or it's no longer available? You can check all Ghost Energy flavors below:

Ghost has put together a phenomenal menu of flavors for Ghost Energy. Citrus and

Orange Cream make for some of the best “daily drivers”, while Swedish Fish and the Sour Patch flavors are great when you need something a bit more special.

Summer 2022 is upon us – stock up with Bubblicious

Keep the energy – and vibes – nice and high with some added caffeine from Ghost Energy. But realize, there’s more to it than just caffeine, water, and flavoring – Ghost has added (and fought for) ingredients to make it even better.

What else is coming for Summer 2022? We’re not *exactly* sure, but we do know that there’s a Christian Guzman collaboration on the way... so stay tuned to PricePLOW’s *Ghost Supplement News* below:

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